

**Suggested Usage:** Take 4 capsules daily with food.

Aquamin® is a bioavailable, multi-mineral complex from marine red algae. Aquamin® is an excellent source of calcium, a good source of magnesium, and has more than 70 additional trace minerals. Research indicates that it may support proper bone mineralization, and may regulate key factors involved in the normal immune response to typical, everyday joint usage.\* In clinical studies Aquamin® is shown to help support joint comfort and mobility.\* A vegetarian-friendly vitamin D-2 is added to this formula to further support bone health.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Natural color variation may occur in this product.



# Red Mineral Algae

## Vegetarian Calcium

Joint Health\*

- Calcium, Magnesium and Trace Minerals Derived from Red Marine Algae
- Plus Vegetarian Vitamin D-2



**180 Veg Capsules**

A Dietary Supplement Vegetarian/Vegan



Minerals

Family owned since 1968.

## Supplement Facts

Serving Size 4 Veg Capsules Servings Per Container 45

	Amount Per Serving	% Daily Value
Vitamin D <sub>2</sub> (as Ergocalciferol)	25 mcg (1,000 IU)	125%
Calcium (from Aquamin®)	1 g (1,000 mg)	77%
Magnesium (from Aquamin®)	80 mg	19%
Aquamin® (Seaweed Derived Minerals) ( <i>Lithothamnion spp.</i> ) (Whole Plant)	3.5 g (3,500 mg)	†

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose and Stearic Acid (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomingtondale, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Aquamin® is a registered trademark of Marigot Limited.  
Store in a cool, dry place after opening.



CAPSULE SIZE

CODE 1538C V9



7 33739 01538 9