

Maximum Female™ is a complete nutritional formula designed for the unique needs of a woman. Maximum Female™ contains a complete profile of all essential vitamins and minerals including Folic Acid, Calcium, Magnesium, Selenium, Lutein, and Lycopene. Maximum Female™ also provides essential antioxidants which may help support circulatory function and breast health.†

The Maximum Female™ formula helps support the female body in three important ways:

- Studies suggest that Lutein and Lycopene may help support eye health.†
- Green Tea and Alpha Lipoic Acid are powerful antioxidants that may help combat premature aging.†
- Provides herbal female support blend.†

Designed for the specific needs of a woman, Maximum Female™ combines nature's finest ingredients all into one simple formula.†

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NUTRITIONWORKS®

IMPROVED FORMULA

MAXIMUM FEMALE™



- **Complete Vitamin & Mineral Formula for Optimal Health†**
- **Supports Strong Bones with 500 mg of Calcium†**
- **Immune System Support with 200 mg of Vitamin C, 25 mcg of Vitamin D & 15 mg Zinc†**

90 Tablets | 45 Servings | Dietary Supplement

Supplement Facts

Serving Size: 2 Tablets Servings Per Container: 45

	Amount Per Serving	% Daily Value
Vitamin A (as retinyl palmitate and 50% as beta-carotene)	1,125 mcg RAE	125%
Vitamin C (as ascorbic acid)	200 mg	222%
Vitamin D3 (as cholecalciferol)	25 mcg	125%
Vitamin E (as dl-alpha-tocopheryl succinate)	20 mg	133%
Vitamin K1 (as phytylquinone)	80 mcg	67%
Thiamin (as thiamin mononitrate)	50 mg	4,167%
Riboflavin	50 mg	3,846%
Niacin (as niacin and niacinamide)	50 mg NE	313%
Vitamin B6 (as pyridoxine HCl)	50 mg	2,941%
Folate (as folic acid)	667 mcg DFE	167%
Vitamin B12 (as cyanocobalamin)	50 mcg	2,083%
Biotin	300 mcg	1,000%
Pantothenic acid (as D-calcium pantothenate)	50 mg	1,000%
Calcium (as calcium carbonate)	500 mg	38%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	200 mg	48%
Zinc (as zinc oxide)	15 mg	136%
Selenium (as sodium selenate)	200 mcg	364%
Manganese (as manganese sulfate)	5 mg	217%
Chromium (as chromium nicotinate glycinate)	120 mcg	343%
Molybdenum (as sodium molybdate)	75 mcg	167%
Choline (as choline bitartrate)	20 mg	4%
Green tea leaf extract (98% polyphenols, 45% EGCG)	40 mg	*
Alpha-Lipoic acid	25 mg	*
Inositol	10 mg	*
Lycopene	2 mg	*
Lutein (marigold flower extract)	2 mg	*
Female Support Blend:	80 mg	*
Hawthorne berry extract, raspberry leaf powder, cranberry fruit, <i>rhodiola rosea</i> extract, acai (<i>Euterpe oleracea</i>) juice extract, blueberry fruit, beet root powder, Co-Q-10		

*Daily value not established.

Other ingredients: Microcrystalline cellulose, stearic acid, magnesium stearate, croscarmellose sodium, silica, maltodextrin and coating (water, hypromellose, glycerine, talc, carnauba wax).

CAUTION: Transient flushing and feeling of warmth might be associated with the ingestion of niacin containing products.

Distributed by:
Windmill Health Products®,
10 Henderson Drive, West Caldwell, NJ 07006

Made in the U.S.A. from Globally Sourced Ingredients.