

Suggested Usage: Take 3 softgels daily. NOW® Non-GMO Lecithin Softgels have phosphatidyl choline, which comprises a major portion of our brain and nervous system. Lecithin also has naturally occurring essential fatty acids and inositol. Lecithin aids in emulsifying fats, enabling them to be dispersed in water.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

This bottle is made from 100% PCR (post-consumer recycled) resin.

SFTGEL SIZE

CODE 2210 v6



Non-GMO Lecithin 1200 mg

Nervous System Support*

- Naturally occurring Phosphatidyl Choline
- Supports Brain & Nerve Function*



100 Softgels
A Dietary Supplement



General Health

Family owned since 1968.

Supplement Facts

Serving Size 3 Softgels Servings Per Container 33

	Amount Per Serving	% Daily Value
Calories	30	
Total Fat	2.5 g	3%**
Saturated Fat	1 g	5%**
Polyunsaturated Fat	2 g	†
Soy Lecithin (Non-GMO)	3.6 g (3,600 mg)	†
Phosphatidyl Choline	500 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water] and Non-GMO Soybean Oil.

Manufactured for NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with yeast, wheat, gluten, corn, milk, egg, fish, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

