

Suggested Usage: Take 2 tablets 1 to 2 times daily with food. If intestinal gas occurs, reduce dosage.

MSM (Methylsulfonylmethane) is a sulfur-bearing compound that is naturally present in very small amounts in fruits, vegetables, grains, animal products, and some algae. Sulfur compounds are found in all body cells and are indispensable for life.* MSM, in its role in the body's sulfur cycle, helps to create the chemical links needed to form and maintain numerous different types of structural tissues of the human body, including connective tissues, such as articular cartilage and skin.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition (especially glaucoma). Keep out of reach of children.

Natural color variation may occur in this product.

TABLET SIZE

CODE 2131C V3



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MSM

Methylsulfonylmethane
1500 mg

Joint Health*

- Joint Sulfur for Connective Tissue*
- Supports Healthy Cartilage*



200 Tablets

A Dietary Supplement Vegetarian/Vegan



General Health

Family owned since 1968.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 100

Amount Per Serving

MSM (Methylsulfonylmethane)	3 g (3,000 mg)**
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** Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Hydroxypropyl Cellulose, Stearic Acid (vegetable source), Vegetarian Coating [hypromellose (cellulose), stearic acid (vegetable source), sunflower lecithin, triethyl citrate, sunflower oil] and Silicon Dioxide.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

