

**Suggested Usage:** Take 4 capsules daily, preferably in divided doses, with food.

Microcrystalline Hydroxyapatite (MCHA) is a compound that normally makes up the crystalline matrix of bone and teeth and is the substance that gives them their rigidity.\* MCHA contains highly absorbable calcium and phosphorus, which are the major mineral components of bone.\* NOW® Bone Strength™ is a comprehensive bone support product with MCHA.\* It also provides magnesium and other important minerals, as well as vitamins C and D to aid in the synthesis and maintenance of bone tissue.\* NOW® Microcrystalline Hydroxyapatite (MCHA) is derived exclusively from Australian cattle.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Not manufactured with wheat, gluten, soy, milk, egg, fish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

**Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.**

Natural color variation may occur in this product. Store in a cool, dry place after opening. This bottle is made from 100% PCR (post-consumer recycled) resin.



CODE 1228C V16



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# Bone Strength™

Supports Bone Health\*

- MCHA for Bone & Teeth Strength\*
- With Vitamins and Minerals for Comprehensive Support\*

**120 Capsules**  
A Dietary Supplement

Minerals

Family owned since 1968.

## Supplement Facts

Serving Size 4 Capsules Servings Per Container 30

|   | Amount Per Serving | % Daily Value |
|---|--------------------|---------------|
| Calories  | 5                  |               |
| Protein   | 1 g                |               |
| Vitamin C (from Magnesium Ascorbate)                                  | 133 mg             | 148%          |
| Vitamin D (as D <sub>3</sub> Cholecalciferol)                         | 16.68 mcg (667 IU) | 83%           |
| Thiamin (Vitamin B <sub>1</sub> ) (from Thiamin HCl)                  | 3 mg               | 250%          |
| Calcium (from MCHA)   | 620 mg             | 48%           |
| Phosphorus (from MCHA)  | 287 mg             | 23%           |
| Magnesium (from Magnesium Oxide and Ascorbate)                        | 400 mg             | 95%           |
| Zinc (from Zinc Chelate Complex)                                      | 7 mg               | 64%           |
| Copper (from Copper Chelate Complex)                                  | 0.7 mg             | 78%           |
| Manganese (from Manganese Chelate Complex)                            | 2 mg               | 87%           |
| Horsetail Extract Complex ( <i>Equisetum arvense</i> ) (Aerial Parts) | 67 mg              | †             |
| Boron (from Boron Chelate Complex)                                    | 467 mcg            | †             |

† Daily Value not established.

Other ingredients: Bovine Gelatin (BSE-free) (capsule), Magnesium Stearate (vegetable source), Silicon Dioxide, Stearic Acid (vegetable source), Rice Flour, Glucosamine Potassium Sulfate Complex, Microcrystalline Cellulose, Citric Acid and Maltodextrin (non-GMO).

Contains shellfish (shrimp, crab).

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.  
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Made and quality tested in the USA with globally sourced ingredients.

MCHA = Microcrystalline Hydroxyapatite (BSE-free)