

UNCONDITIONALLY GUARANTEED for purity and labeled potency. Store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care practitioner if you take warfarin or other blood thinners, or are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.

CalaMarine® is a registered trademark of Pharma Marine AS.

MenaQ7® is a registered trademark of NattoPharma ASA, Norway; Patented in the United States and Canada.

US Patent Numbers 8,728,553 and 8,354,129; Canada Patent Number 2,347,387.



***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



WHITAKER NUTRITION



Omega Defense®

FOR ADVANCED
CARDIOVASCULAR
HEALTH¹

Includes CalaMarine®,
MenaQ7® MK-7, and
Vitamin D3



Dietary Supplement

60 SOFTGELS

Doctor's Suggested Use: Take 2 softgels once daily.

Supplement Facts

Serving Size: 2 Softgels

Servings Per Container: 30

Amount Per Serving		% DV
Calories	20	
Total Fat	2 g	3% [†]
Cholesterol	<15 mg	5%
Vitamin D (as cholecalciferol)	50 mcg (2,000 IU)	250%
CalaMarine® Oil Concentrate (from squid)	2 g	*
DHA (docosahexaenoic acid)(As ethyl ester)	800 mg	*
EPA (eicosapentaenoic acid)(As ethyl ester)	200 mg	*
Menaquinone-7 (Vitamin K2)(MenaQ7®)	50 mcg	*

[†]Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value (DV) not established.

Other ingredients: Gelatin, glycerin, purified water, medium chain triglycerides, carob extract (color), lemon oil, titanium dioxide, mixed tocopherols (preservative)

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com



Gluten Free

SKU: CDK 02 G13000, 2023 R-1

Exp. Date

Lot No.

Almost Out? Call **1-800-722-8008**
or visit healthydirections.com
Choose **REFILL & SAVE** and Never Run Out!