

# LION'S MANE

(*Hericum erinaceus*)

## MEMORY & NERVE SUPPORT\*

Known as "The Smart Mushroom," Lion's Mane is ideal for anyone seeking cognition, memory, and mood support. Long-renowned for supporting the nervous system, studies also show that Lion's Mane can increase Nerve Growth Factor.\*

**DIRECTIONS:** As a dietary supplement, take 2 capsules once per day. Can be taken with food or on an empty stomach or as recommended by your healthcare professional.

Caution: If you have a medical condition, are taking medications, or are pregnant or breastfeeding, consult a healthcare professional before using this product. Keep out of reach of children.

HOST DEFENSE®  
*Mushrooms™*  
made with organic mushroom mycelium

# LION'S MANE



GLUTEN FREE & VEGAN

120 CAPSULES



DIETARY SUPPLEMENT

MEMORY &  
NERVE SUPPORT\*

## Supplement Facts

Serving Size: 2 capsules

Servings Per Container: 60

Amount Per Serving	% Daily Value
Calories	5
Total Carbohydrate	<1g <1% <sup>‡</sup>
Lion's Mane ( <i>Hericum erinaceus</i> ) mycelium <sup>‡</sup> /fermented brown rice biomass <sup>‡</sup>	1g †

<sup>‡</sup> Percent Daily Values are based on a 2,000 calorie diet

<sup>†</sup> Daily Value not established

Other Ingredients: Pullulan (capsule).

<sup>‡</sup> Certified Organic

GROWN & DISTRIBUTED BY FUNGI PERFECTI, LLC

PO BOX 7634, OLYMPIA, WA 98507 USA

877-504-6926 [HOSTDEFENSE.COM](http://HOSTDEFENSE.COM)

Certified Organic by  
the Washington State  
Department of Agriculture.



6  
33422 03163  
7

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

NCHE120 REV E1