

Nutranize®

bedtime

Zone

Dietary Supplement

60 Capsules

Suggested Use: Take 2 white capsules every night at bedtime.

Manufactured for Nutranize®
For more information, visit Nutranize.com
1400 Chapel St. #343, Santa Clara, UT 84765

Patent Pending ZPM-8-23



Supplement Facts

Serving Size: 2 Capsules

	Amount Per Serving	% Daily Value
Vitamin A (as Vitamin A acetate)	452 mcg	50%
Vitamin C (as ascorbic acid)	45 mg	50%
Vitamin D (as cholecalciferol)	10 mcg	50%
Vitamin K (as menaquinone-7)	45 mcg	38%
Niacin (Vitamin B3 as niacinamide)	16 mg	100%
Vitamin B6 (as pyridoxine)	1.7 mg	100%
Folate	340 mcg DFE	
(as 200mcg L-5-methyltetrahydrofolate)		83%
Calcium (as calcium carbonate)	500 mg	38%
Magnesium (as magnesium glycinate)	100 mg	24%
Chromium (as chromium picolinate)	200 mcg	571%
Potassium (as potassium chloride)	40 mg	1%
Cassia Bark (Cinnamomum cassia)	60 mg	**
Melatonin	2 mg	**
** Daily Value Not Established		

Other Ingredients: Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide.