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www.healthydirections.com

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Suggested Use: Take 2 vegan capsules once daily with a meal.

Supplement Facts

Serving Size: 2 Vegan Capsules
Servings Per Container: 30

Amount Per Serving		% DV
Lion's Mane (<i>Hericium erinaceus</i> , fruiting body)	1 g	*

*Daily Value (DV) not established.

Other ingredients: Hypromellose, vegetable stearic acid, silica

Distributed by
Healthy Directions, Bethesda, MD 20817
www.healthydirections.com



SKU: HLM 02 C11000, 2023 R-1

Please see bottom of bottle for
Lot No. and Expiration Date