

# Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

|  | Amount Per Serving | % DV  |
|--|--------------------|-------|
| Vitamin C<br>(as Ascorbic Acid and Zinc Ascorbate)                     | 120 mg             | 133%  |
| Vitamin D3<br>(as Cholecalciferol)                                     | 100 mcg (4000 IU)  | 500%  |
| Vitamin E<br>(as Vitamin E Acetate)                                    | 40 mg (90 IU)      | 267%  |
| Zinc<br>(as Zinc Citrate and Zinc Ascorbate)                           | 20 mg              | 182%  |
| Chromium<br>(as Chromium Picolinate)                                   | 400 mcg            | 1143% |
| African Geranium Tuber 10:1 Extract<br>( <i>Pelargonium sidoides</i> ) | 80 mg              | †     |
| Elderberry Fruit 10:1 Extract<br>( <i>Sambucus nigra</i> )             | 100 mg             | †     |
| Marshmallow Root Extract   | 100 mg             | †     |
| L-Cysteine<br>(as L-Cysteine HCl)                                      | 600 mg             | †     |

† Daily Value (DV) not established

Other ingredients: Cellulose (Capsule and Powder), Vegetable Oil Powder, Silica.

Manufactured for 1MD Nutrition™ Irvine, CA 92618  
Manufactured in the USA from globally-sourced ingredients.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Questions? Call: (888) 393-4030 | Email: support@1md.org | Visit: www.1md.org

GMP GOOD MANUFACTURING PRACTICE



# BreatheMD™

## LUNG & RESPIRATORY SUPPORT\*

- ✓ Scientifically-Formulated Lung Support\*
- ✓ Promotes a Healthy Respiratory System\*
- ✓ Potent Immune System Support\*



60 Capsules | Dietary Supplement

**Suggested Use:** As a dietary supplement, adults take two (2) capsules, once (1x) daily, with a meal, or as recommended by a healthcare practitioner.

**WARNING:** Consult a healthcare practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

**KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE. COLOR MAY VARY.**

NON-GMO

SHELLFISH-FREE

DAIRY-FREE

PEANUT-FREE

WHEAT-FREE

1MD1067



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1MD Nutrition Breath...d L-Cysteine | 60 Ct.  
New

1MD-1067-LBL-01