

**Directions:** 3 capsules taken daily with food, or as professionally directed.

This product should not be used as a substitute for a varied diet and healthy lifestyle. Do not exceed the stated recommended daily intake. Do not purchase if the seal is broken. Keep out of reach of children. If you are under medical supervision, please consult a doctor before use. If you are taking cholesterol-lowering medication, seek medical advice before taking this product. Total dietary intake (from foods and supplements) of phytosterols should not exceed 3g/day. Not to be taken by pregnant and breastfeeding women or children under 5 years. Store in a cool, dry place. Avoid direct sunlight and heat. Contains a desiccant (small orange capsule) to absorb moisture, we recommend that you keep this in the jar. For best before and batch, see below.

**BN:**  
**BBE:**

# BioCare®



## BioPlantarum Plus Sterols

Plant sterols for healthy cholesterol levels with 10 billion *Lactobacillus plantarum* live bacteria

90 vegetable capsules  
Food supplement

### Product information per daily intake: 3 capsules

Plant Sterols	800mg
Providing:	
Beta Sitosterol	320mg
<i>Lactobacillus plantarum</i> (CUL-66)	50mg*
Providing 10 billion live bacteria, guaranteed until the end of shelflife if stored correctly.	

\*Typical amount, may vary.

### Ingredients:

Plant Sterols, Capsule Shell (Hydroxypropyl Methylcellulose), Bulking Agent (Microcrystalline Cellulose), Anti-Caking Agents (Silicon Dioxide & Magnesium Stearate), *Lactobacillus plantarum*.

**Plant sterols contribute to the maintenance of normal blood cholesterol levels with a daily intake of at least 800mg plant sterols.**

**Vegetarian & vegan**



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