

VALUE SIZE

GERI-CARE®

ONE-DAILY

MULTI-VITAMIN
WITH MINERALS
DIETARY SUPPLEMENT

PACKAGE NOT CHILD RESISTANT

200 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Vitamin A (as Acetate)	1500 mcg 167%
Vitamin C (as Ascorbic Acid)	50 mg 56%
Vitamin D (as Cholecalciferol)	10 mcg 50%
Thiamin (as Thiamine HCl)	2 mg 167%
Riboflavin	2.5 mg 192%
Niacin	20 mg 125%
Vitamin B-6 (as Pyridoxine HCl)	1 mg 59%
Vitamin B-12 (as Cyanocobalamin)	1 mcg 42%
Pantothenic Acid (as Calcium Pantothenate)	1 mg 20%
Iron (as Ferrous Sulfate)	4.5 mg 25%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	10 mg 2%
Zinc (as Zinc Oxide)	3.75 mg 34%
Selenium (as Amino Acid Chelate)	5 mcg 9%
Manganese (as Manganese Sulfate)	1 mg 43%
Chromium (as Chromic Chloride)	5 mcg 14%

Other ingredients: cellulose, stearic acid, hypromellose, starch, titanium dioxide, gelatin, croscarmellose sodium, talc, magnesium stearate, povidone, sucrose, triacetin, mineral oil, dicalcium phosphate, sodium ascorbate, triglycerides, BHT, FD&C Yellow #6 lake, silica, tocopherols and sodium lauryl sulfate.

Suggested use: Adults - One tablet daily as a dietary supplement, preferably with a meal, or as recommended by your health professional.

As with any supplement, if you are pregnant, nursing, or taking medication, ask a health professional before use.

WARNING: Accidental overdose of iron-containing supplements is a leading cause of fatal poisoning in children under 6.

Keep this product out of reach of children.

In case of accidental overdose, call a doctor or Poison Control Center immediately.

TAMPER EVIDENT: Do not use if imprinted seal under cap is missing or broken.

Store at room temperature.

REV 1119C

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