

## SUGGESTED USE

Adults chew 2 gummies 1 hour before bed.  
Best results obtained after 1 month of use.

Not for use during pregnancy or lactation. If you have a medical condition, or take medications, please consult with your doctor before use. Safety-sealed for your protection. Store out of direct sunlight and in a cool, dry place. **Store away from children.**

Dusted with organic rice flour to reduce sticking.

**\* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**



## Supplement Facts

Serving Size 2 Gummies Servings Per Container 20

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	4 g	1%*
Total Sugars	3 g	†
Includes 2 g Added Sugars		5%*
Organic Ashwagandha ( <i>Withania somnifera</i> ) root extract	140 mg	†
Organic Passionflower ( <i>Passiflora incarnata</i> ) aerial parts extract	136 mg	†
Proprietary Blend	166 mg	†
Organic Jujube ( <i>Ziziphus jujuba</i> ) date fruit and seed paste, Organic Reishi fruiting body extract, Organic Orange ( <i>Citrus sinensis</i> ) peel essential oil		

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Organic apple juice concentrate, organic apple puree concentrate, organic cherry juice concentrate, organic rice flour, pectin (from apples and oranges), organic lemon juice concentrate, organic sunflower oil, and organic carnauba wax.

Manufactured for: Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712  
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