

SUGGESTED USE

Adults take 2 capsules daily in the evening after dinner. Best results obtained with long-term use.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.



gaia[®] HERBS

EST 1987

STRESS SUPPORT*

ADRENAL HEALTH[®]

NIGHTLY RESTORE

Supports adrenal function
while you rest*

120 VEGAN LIQUID PHYTO-CAPS[®]
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1g	<1%*
Ashwagandha (<i>Withania somnifera</i>) root extract	80 mg	†
Organic Reishi Mushroom fruiting body extract	20 mg	†
Organic Cordyceps Mushroom (<i>Cordyceps militaris</i>) fruiting body extract	50 mg	†
Proprietary Extract Blend	750 mg	†
Mimosa Tree (<i>Albizia julibrissin</i>) bark, Magnolia (<i>Magnolia officinalis</i>) bark, Vervain aerial parts, Organic Lemon Balm (<i>Melissa officinalis</i>) aerial parts, Organic Cinnamon bark		

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Vegetable glycerin, water and vegan capsule (hypromellose).

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* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.