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or visit [healthydirections.com](http://healthydirections.com)

Formulated by  
**Dr. Drew Sinatra**

**UNCONDITIONALLY GUARANTEED** for purity and potency. To preserve quality and freshness, store bottle in a cool, dry place.

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

**Keep out of reach of children.**

Due to the nature of these ingredients, color variation over time may occur.

**IDEEM** is a registered trademark of Deerland Probiotics and Enzymes, Inc.

LactoSpore® is a registered trademark of Sabinsa Corporation.

HN019™ is a trademark belonging to the Fonterra group of companies.

**†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



VEGAN



GLUTEN FREE



SOY FREE



DAIRY FREE



EGG FREE

# LifeBiome Rise



## GUT RESTORE ADVANCED

### EXTRA STRENGTH PROBIOTIC†

11 diverse strains • 13 billion CFU  
Supports digestive comfort and regularity†

Clinical Grade • Doctor Developed

Dietary Supplement      30 Vegan Capsules

**Suggested Use:** Take 1 vegan capsule daily with a meal.

## Supplement Facts

Serving Size: 1 Vegan Capsule      Servings Per Container: 30

Amount Per Serving	% DV
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<b>Microbiome Probiotic Blend</b> (142 mg)	13 billion CFU
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#### Soil-Based Probiotics

*B. coagulans* MTCC 5856 (LactoSpore®),  
*B. subtilis* (DE111®),  
*B. clausii* SNZ 1971 MTCC 5980

#### Lactic Acid-Based Probiotics

*B. lactis* (HN019™),  
*B. bifidum* DSM 22892,  
*B. longum* DSM 16603,  
*L. acidophilus* DSM 21717,  
*L. plantarum* LMG P-21021,  
*L. rhamnosus* GG ATCC 53103

#### Yeast-Based Probiotics

*S. boulardii* CNCM I-3799,  
*S. cerevisiae* CNCM I-3856

#### Fermented Botanicals

Organic Turmeric (rhizome), Organic Ginger (rhizome), Chlorella (broken cell wall)	150 mg
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†Daily Value (DV) not established.

Other ingredients: Hypromellose, microcrystalline cellulose, maltodextrin, rice hulls, silica, glycerin fatty acid esters

Distributed by Healthy Directions, Bethesda, MD 20817  
[www.healthydirections.com](http://www.healthydirections.com)

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Lot No./Exp. Date