



Carlson

Superior
Absorption

Chelated
**Magnesium
Glycinate**

400 mg Magnesium

DIETARY SUPPLEMENT

✓ Cardiovascular Health* ✓ Muscle Function* ✓ Bone Support*

120 Tablets | 60 Servings

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 60

| | Amount Per Serving | % Daily Value |
|---|-----------------------|------------------|
| Calories | 10 | |
| Total Carbohydrate | 1 g | <1%** |
| Protein | <1 g | |
| Magnesium (from magnesium glycinate chelate and magnesium oxide) | 400 mg | 95% |

**Percent Daily Value based on a 2,000 calorie diet.

Other Ingredients: Rice flour, cellulose, stearic acid, croscarmellose sodium, silicon dioxide, magnesium stearate, hydroxypropyl methylcellulose, ethylcellulose, carnauba wax.

Directions: Adults: take two tablets daily at **mealttime**. Keep bottle tightly closed. Store away from heat and moisture. Color variations may occur.

Magnesium is an essential mineral involved in hundreds of normal body functions. Some of the most important include promoting cardiovascular system health and supporting muscle function and bone health.* **Chelated Magnesium Glycinate** contains magnesium bound to the amino acid glycine to promote optimal absorption.*

✓ **Gluten-free** ✓ **No Artificial Preservatives**

This formula is prepared to disintegrate over a period of up to 90 minutes.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

POTENCY & QUALITY GUARANTEED

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