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Manufactured by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com
1.800.245.4440

This product contains NO yeast, wheat, gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 1 capsule daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #201209

Ultra I-3-C

A Dietary Supplement



60 Vegetarian Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule
Servings Per Container 60

Amount Per Serving	%DV
Indole-3-Carbinol	200 mg *
Proprietary Blend.....	100 mg *
Standardized broccoli (entire plant), Cauliflower (entire plant) and Brussel sprout (entire plant).	

*Daily Value not established.

Other ingredients: Cellulose and silica.