

# Arjuna POWDER

(*Terminalia arjuna*)

ORGANIC  
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement

1 lb • 454g



## Arjuna powder

Supports proper function of the heart\*

Strengthens and tones the circulatory system\*

Supports healthy blood pressure already within the normal range\*

Maintains healthy cholesterol levels already within the normal range\*

In Ayurvedic medicine Arjuna (*Terminalia arjuna*) is the foremost rejuvenative for the heart. It strengthens and tones the circulatory system and promotes proper function of the heart muscles. Arjuna's strengthening and toning actions help maintain healthy blood pressure already within the normal range. It is also used to help maintain healthy cholesterol levels and to support healthy coagulation. Arjuna is traditionally used to promote emotional balance for those experiencing grief and sadness. It is said to mend a "broken heart" and to impart courage and strengthen the will.\*

**Suggested Use:** ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

**Not to be used during pregnancy.** If you are nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Sustainably Sourced

Fairly Traded

**Banyan Botanicals** was founded in 1996 with the mission to help people achieve and maintain optimal health and well-being. As an Ayurvedic lifestyle company, we specialize in products made from Ayurvedic herbs that are organically grown, sustainably sourced, fairly traded, and made in the USA. Banyan is committed to providing exceptional customer service, inspiring educational content, and the highest quality Ayurvedic herbs that are safe, pure, and effective.

Rev. 02



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well-being

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### Supplement Facts

Serv Size: ½ tsp Servings: 357

Amount Per Serving

Arjuna bark ½ tsp\*\*  
*Terminalia arjuna*\*

+Certified Organic

\*\*Daily Value Not Established

Lot No. XXXXXX

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Certified Organic by: OAI



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