

**Suggested Usage:** Add 1 scoop to 6-8 oz water, your favorite beverage or as directed by your healthcare provider. Recommended to take after exercise for muscle recovery and each day for intestinal health.\*\*

**SUPPORTS INTESTINAL & IMMUNE HEALTH\*\***

**ESSENTIAL FOR PROTEIN SYNTHESIS\*\***

**HPLC TESTED FOR PURITY & 100% MICRONIZED  
FERMENTED VEGAN SOURCE**

\*\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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**NUTRITION**

# L-GLUTAMINE 500

**RECOVERY**

NET WT 1.1 LBS (500 G)

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size 1 Scoop (5 grams)  
Servings Per Container 100

Amount Per Serving	% Daily Value
L-Glutamine (Fermented)	5,000 mg*

\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

**Other Ingredients:** None.

Contains no added milk, egg, soy, peanut, tree nut, fish, shellfish, wheat, gluten or yeast ingredients.

This product is manufactured in a facility that processes other products that contain milk or egg.

This product is packaged by weight, not volume. Like many powdered food/supplement products the size of this container does not necessarily depict the actual amount of product within. Unavoidable and sometimes significant product settling may occur during shipping and handling.