

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

Recommendations: 1 or 2 capsules daily, or as directed by your healthcare professional.

Warning: If pregnant, consult your physician before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN (WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN, WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†], SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING

Raw materials and finished products are independently tested by U.S. labs.
Learn more at vitalnutrients.net

Cogni^zin¹

¹Cognizin® is a registered trademark of KYOWA HAKKO BIO CO., LTD.



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VITAL
NUTRIENTS

Citicoline
250mg

DIETARY SUPPLEMENT
60 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 2 vegetarian capsules

Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin C	160mg	178%
Citicoline (CDP Choline) (from stabilized Cytidine 5'-diphosphocholine)	500mg	*

* Daily Value not established

Other Ingredients: Cellulose, Vegetable Cellulose Capsule, Leucine, and Ascorbyl Palmitate.

manufactured by
VITAL NUTRIENTS
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