

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

Recommendations

2 capsules 2-4 times daily with food, or as directed by your healthcare professional.

Warning

If pregnant, consult your physician before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN (WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN, WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†], SUGAR.
[†]VERIFIED BY INDEPENDENT TESTING



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Raw materials and finished products are
independently tested by U.S. labs.
Learn more at vitalnutrients.net



Calcium/ Magnesium

(CITRATE/MALATE FORMULA)

DIETARY SUPPLEMENT
100 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 2 vegetarian capsules

Servings Per Container: 50

	Amount Per Serving	%DV
Calcium	160mg	12%
(as 70% dicalcium malate and 30% calcium citrate/malate)		
Magnesium	160mg	38%
(as 70% dimagnesium malate and 30% magnesium citrate)		

Other Ingredients: Vegetable Cellulose
Capsule, Magnesium Silicate, and Leucine.

manufactured by
VITAL NUTRIENTS
45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA