

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value for Pregnant and Lactating Women	
Vitamin A (as Beta-Carotene)	4,000 IU	50%
Vitamin C (as Ascorbic Acid)	100 mg	167%
Vitamin D (as D3 Cholecalciferol)	400 IU	100%
Vitamin E (as d-Alpha Tocopherol)	30 IU	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.8 mg	106%
Riboflavin (Vitamin B-2)	1.7 mg	85%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2.6 mg	104%
Folic Acid	800 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	8 mcg	100%
Biotin (as d-Biotin)	100 mcg	33%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	100%
Calcium (as Calcium Carbonate)	200 mg	15%
Iron (as Ferrous Fumarate)	28 mg	156%
Zinc (as Zinc Oxide)	25 mg	167%
Copper (as Copper Sulfate)	2 mg	100%
Fish Oil Concentrate	530 mg	**
provides 230 mg of Omega-3 Fatty Acids†, comprising of:		**
Eicosapentaenoic Acid (EPA) 30 mg		**
Docosahexaenoic Acid (DHA) 200 mg		**
Other Fatty Acids		**

\*\*Daily Value not established.

**Other Ingredients:** Gelatin, Vegetable Glycerin. **Contains <2% of:** Annatto Color, Natural Flavor, Silica, Soy Lecithin, Titanium Dioxide Color.

Contains soy and fish (anchovy, sardine) ingredients.

†As Natural Triglycerides

1  
PER  
DAY

Sundown  
Naturals®

MULTIVITAMIN

Prenatal

200 MG  
of DHA

with Folic Acid  
and Iron

For Use Before, During  
& After Pregnancy

MULTIVITAMIN/MULTIMINERAL FORMULA  
30 SOFTGELS DIETARY SUPPLEMENT

Smart  
Facts

Sundown Naturals' Multivitamin Prenatal is a comprehensive high potency multi vitamin and mineral supplement with beneficial amounts of key nutrients for added health before, during and after pregnancy.\* The combination of high potency vitamins and minerals promotes the healthy development of your growing child.\* B Vitamins and Iron are essential for energy metabolism and blood cell production.\* Our specialized formula also includes the Omega-3 fatty acids EPA and DHA. Sundown Naturals' Multivitamin Prenatal provides 800 mcg of Folic Acid (folate). Healthful diets with adequate folate may reduce a woman's risk of having a child with a brain or spinal cord birth defect. Folate intake should not exceed 1,000 mcg.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS: FOR ADULT WOMEN, TAKE ONE (1) SOFTGEL DAILY, PREFERABLY WITH A MEAL.** As a reminder, discuss the supplements and medications you take with your health care providers.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish. Sodium Free.

**WARNING:** If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call toll free 1-888-VITAHELP (848-2435)  
or visit us at [www.sundownnaturals.com](http://www.sundownnaturals.com)

Manufactured by REXALL SUNDOWN, INC., Boca Raton, FL 33487 USA

Prod. No. 30293

FREE OF  
Gluten &  
Wheat

GUARANTEED  
LABORATORY  
TESTED  
QUALITY

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