

Supplement Facts

Serving Size 1 Tablet

Carried Cize 1 Tablet	N/ D/	aily Value
Amount Per Servin	ng %D	
Vitamin B6 (as pyridoxine hydrod	1 mg :hloride)	60%
Calcium (as dicalcium phosph	54 mg	4 /0
Melatonin	5 mg	
**Daily Value not established		

Other Ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, vegetable magnesium stearate, silica.

Suitable for vegetarians.

Questions or comments? 1-888-860-5376
DIST. BY MEIJER DISTRIBUTION, INC.
GRAND RAPIDS, MI 49544
www.meijer.com

No Sugar, Starch, Yeast, Wheat, Dairy, Fish, Shellfish, Tree Nuts, Peanuts, Soy, Artificial Colors or Flavors, Preservatives. Sodium Free.

TAMPER-EVIDENT SEAL: Do not use product if seal appears tampered. Suggested Use: Adults - Take one tablet daily at bedtime, as a dietary supplement. CAUTION: For adult use only at bedtime. Not for use by children, teenagers, pregnant or lactating women. If you are taking medication or are under medical supervision, or have diabetes, an autoimmune disease, a depressive disorder, a thyroid condition, epilepsy, leukemia, or a lymphoproliferative disorder, or are taking MAO inhibitor drugs, or corticosteroids such as cortisone or prednisone, consult with your physician before taking this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle or while operating machinery. This product may cause drowsiness.

Store in a dry place at room temperature

20°- 25°C (68°-77°F).



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