

PRO-VEGA TEIN™ is a natural vegetable protein made from peas (*Pisum sativum*) and rice. It is a complete protein with all 20 amino acids. It is a scientifically selected ratio of proteins—highly bioavailable, easily digestible, concentrated, and perfect for vegans and vegetarians or anyone who wants a healthy alternative to other protein products.*

- Complete protein from all-vegan sources
- From concentrated pea and rice complex
- Highly digestible, hypoallergenic
- Great for working out and muscle strength
- Free of dairy, animal products, and soy
- Gluten free and non-GMO

Easy to use—it is great to blend into smoothies, and this natural legume and rice protein also boosts and completes the protein content of other dishes. Try adding it to soups or stews or sprinkling it on pasta dishes instead of Parmesan cheese. You may also add it to rice, oatmeal or other grains, or any vegetable dishes. It has a neutral taste and good solubility.

Suitable for vegetarians and **HYPOALLERGENIC**: contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, preservatives, or artificial color, flavor or fragrance.

STORE IN A COOL, DRY PLACE.
Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

SOURCE NATURALS™

PRO-VEGA TEIN™
COMPLETE VEGAN PROTEIN POWDER*
NET WT. 16 OZ. (454 GRAMS)

Dietary Supplement

Supplement Facts
Serving Size 2 Heaping Tablespoons (approx. 18 g)
Servings Per Container 25

	Amount Per Serving	%DV
Calories	70	
Calories from Fat	10	
Total Fat	1 g	2%*
Total Carbohydrate	1 g	<1%*
Protein	13 g	26%*
Sodium	125 mg	5%
Pea Seed Protein Concentrate	11.7 g	†
White Rice Protein Concentrate	4.5 g	†
Brown Rice Protein Concentrate	1.8 g	†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Suggested Use: Two heaping tablespoons (about 18 g) daily. Mix with 6-8 ounces of water, milk, juice or any other beverage of choice. For best results, drink immediately. Can also be added to food for a protein boost.

CAUTION: If you are pregnant, may become pregnant, breastfeeding, or have a history of kidney or liver problems or gout, consult your health care professional before using this product.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:
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