

PRODUCT BENEFITS: Lecithin is an important natural source of choline and linoleic acid. Choline is a vital component of all cell membranes and plays an important role in cell growth and function.* Choline is also used to synthesize acetylcholine, a critical neurotransmitter.

Directions: For adults, take one (1) softgel two times daily, preferably with meals or follow the advice of your health care professional. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

PROD. NO. 55052

To refill please call 1-800-765-6775

or visit www.physiologics.com

Carefully Manufactured by PhysioLogics, LLC

2100 Smithtown Ave., Ronkonkoma, NY 11779 U.S.A.



B2890

05F

PhysioLogics®

Phosphatidyl Choline

420 mg

**Supports Liver &
Nervous System Health***

Dietary Supplement
90 Softgels

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Phosphatidyl Choline	420 mg	***
(from 1,200 mg of Soy Lecithin Concentrate)		

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Glycerin.

FREE OF: artificial color, artificial flavor, artificial sweetener, preservatives, sugar, starch, milk, lactose, gluten, wheat, yeast, fish, sodium.

TAMPER RESISTANT: Do not use if seal under cap is broken or missing.

KEEP OUT OF REACH OF CHILDREN.

Store at room temperature and avoid excessive heat.

**Laboratory Tested to Guarantee Quality
For Health Care Professional Use Only**

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