

USAGE: Take 1 softgel up to 3 times per day with a meal or as directed by your qualified healthcare professional.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

Phosphatidylserine (PS) is a natural phospholipid that is a structural component of cell membranes.* It is an important phospholipid present in the brain and supports brain health.* Jarrow Formulas® Cogni-PS® PS 100 softgels utilize a concentrated form of phosphatidylserine from non-GMO sunflower lecithin (soy-free) that offers excellent stability.*

Sharp-PS® is a registered trademark of Enzymotec Ltd., manufactured and protected under U.S. Patent # 8,324,187.

Keep out of the reach of children.

Store in a cool, dry place.

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

NOTE: Color may vary from batch to batch.

© 2022 **Jarrow FORMULAS®** 03122PS PROD # 116005

Lot #. Best Used Before:

Jarrow
FORMULAS®



Phosphatidylserine

PS100

Supports Brain Health*
Soy-Free

100 MG

30 SOFTGELS

**DIETARY
SUPPLEMENT**



**APPROX.
FILL LINE**

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving

Phosphatidylserine (PS)	100 mg †
(from Non-GMO Sunflower Lecithin) (Seed)	
(<i>Helianthus annuus</i>)	

† Daily Value (DV) not established.

Other Ingredients: Medium chain triglycerides, softgel (bovine gelatin, glycerin, purified water), sunflower lecithin (non-GMO), silicon dioxide; natural mixed tocopherols and ascorbyl palmitate (to maintain freshness).

Distributed Exclusively by **Jarrow Formulas®**
Los Angeles, CA 90035-4317 • 1-866-459-4154

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.