

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not Intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**TO REORDER ITEM # 3491**  
**www.puritan.com**  
**1-800-645-1030**

Carefully Manufactured by  
**PURITAN'S PRIDE, INC.**  
Ronkonkoma, NY 11779 U.S.A.  
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B11850 11E



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# SILYMARIN Milk Thistle EXTRACT

**STANDARDIZED TO CONTAIN  
80% SILYMARIN**



**175MG**

**SUPPORTS HEALTHY  
LIVER FUNCTION\***

**STANDARDIZED EXTRACT**  
Herbal Supplement

**100** RAPID RELEASE  
CAPSULES

**DIRECTIONS:** For adults, take one (1) capsule three times daily, preferably with meals.

## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		%Daily Value
Milk Thistle Extract	175 mg	**
(Silybum marianum) (seed)		
(Standardized to contain 80% Silymarin, 140 mg)		

**\*\*Daily Value not established.**

**Other Ingredients:** Maltodextrin, Gelatin. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

**Puritan's Pride's Guarantee:** We use only the finest quality herbs and spices. Each is screened and finely milled for quick release.

**Puritan's Pride's** preservative-free gelatin capsules contain pure milled herb powder.

**No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.**