

SUGGESTED USAGE: As a dietary supplement, adults take 2 capsules daily or as directed by your health professional.

Gluten-free, Non-GMO

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately

Warning: If you are pregnant or nursing, or if you are taking prescription medications, consult your health professional before using this supplement.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Ferronyl® Iron is a registered trademark of Ashland

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.

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Formula #201811-60-PL-2269935

***This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Live life pure.™

**PURE
FORMULAS™**

Prenatal

Maternal health and wellness[‡]



NON-GMO

**60 VEGETARIAN CAPSULES
DIETARY SUPPLEMENT**

Supplement Facts

Serving Size 2 Vegetarian Capsules • Servings Per Container 30

	Amount Per Serving	%DV
Vitamin A (as natural beta-carotene)	1,500 mcg	167%
Vitamin C (as ascorbic acid)	80 mg	89%
Vitamin D ₃ (as cholecalciferol)	20 mcg (800 IU)	100%
Vitamin E (as d-alpha tocopheryl succinate)	33.5 mg	223%
Thiamine (as thiamine mononitrate)	1.5 mg	125%
Riboflavin	1.7 mg	131%
Niacinamide	20 mg	125%
Vitamin B ₆ (as pyridoxine HCl)	2 mg	118%
Folate (as Metafolin® L-5-MTHF)	1,333 mcg DFE (800 mcg L-5-MTHF)	333%
Vitamin B ₁₂ (as methylcobalamin)	10 mcg	417%
Biotin	300 mcg	1,000%
Pantothenic Acid (as calcium pantothenate)	10 mg	200%
Calcium (as calcium citrate)	150 mg	12%
Iron (Ferronyl® as iron carbonyl)	27 mg	150%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium citrate)	70 mg	17%
Zinc (as zinc citrate)	10 mg	91%
Selenium (as selenomethionine)	75 mcg	136%
Copper (as copper glycinate chelate)	1 mg	111%
Manganese (as manganese citrate)	1 mg	43%
Chromium (as chromium polynicotinate)	150 mcg	429%
Molybdenum (as molybdenum chelate)	75 mcg	167%
Lutein (from marigold [<i>Tagetes erecta</i> , flower])	3 mg	*

*Daily Value (DV) not established

Other ingredients: Hydroxypropyl methylcellulose (capsule), vegetable stearate, silica, and microcrystalline cellulose