

15 MORE FREE • 15 MORE FREE

**NATURE'S TRUTH®**

VITAMINS

SUPERIOR STRENGTH  
**HAIR, SKIN  
& NAILS** with

**5000 mcg BIOTIN** PER SERVING  
plus ARGAN OIL  
COCONUT OIL  
COLLAGEN

GLUTEN FREE  
NON GMO

150  
**165** RAPID RELEASE  
LIQUID SOFTGELS

DIETARY SUPPLEMENT

**Supplement Facts**

Serving Size: 3 Rapid Release Liquid Softgels  
Servings Per Container: 55

Amount Per Serving		% Daily Value
Calories		
Total Fat	20	1%***
Vitamin A (as Retinyl Palmitate and Beta-Carotene)	1 g	167%
Vitamin C (as Ascorbic Acid)	1,500 mcg	100%
Vitamin D3 (as Cholecalciferol)	90 mg	250%
Vitamin E (as d-Alpha Tocopherol)	50 mcg (2000 IU)	133%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	20 mg	417%
Riboflavin (Vitamin B-2)	5 mg	385%
Niacin (as Niacinamide)	5 mg	156%
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg	294%
Folate	5 mg	167%
Vitamin B-12 (as Cyanocobalamin)	666 mcg DFE (400 mcg Folic Acid)	333%
Biotin (as d-Biotin)	8 mcg	16,667%
Pantothenic Acid (as d-Calcium Pantothenate)	5,000 mcg	300%
Zinc (as Zinc Gluconate)	15 mg	68%
Selenium (as Selenium Yeast)	7.5 mg	23%
	12.5 mcg	

**SUPPORTS HEALTHY HAIR,  
SKIN AND NAILS\***

Argan Oil (Argania spinosa) (seed)	25 mg	**
DL-Pancreatic Lipase (Pancreatic Enzyme)	10 mg	**
Nettle Extract (Equisetum arvense) (aerial)	3 mg	**
Hydrolyzed Collagen	60 mg	**
Sodium Hyaluronate (as Sodium Hyaluronate)	1 mg	**
Organic Silicon Dioxide	30 mg	**
Organic Coconut Oil	30 mg	**

\*\*\*Daily Value not established.  
Percent Daily Values are based on a 2,000 calorie diet.

**OTHER INGREDIENTS:** Fractionated Coconut Oil, Gelatin, Vegetable Glycerin, Sunflower Lecithin. Contains <2% of: Carmine Color, Mica, Titanium Dioxide Color.

**DIRECTIONS:** For adults, take three (3) rapid release liquid softgels with a meal.  
For children, take one (1) rapid release liquid softgel with a meal.  
If you are pregnant, nursing, taking any medications, or have any medical or surgical procedure or have any medical conditions, consult your doctor before use. If any adverse reactions occur, stop using this product and consult your doctor immediately.  
Keep out of reach of children. Store in a cool, dry place.  
Not intended for use by children under the age of 18. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place.  
\*Specially formulated for those that are biotin deficient.

**NO** Gluten, Wheat, Milk, Lactose, Artificial Flavor, Artificial Sweetener, Preservatives.

This product has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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**NON-GMO**  
OUR NON-GMO PLEDGE  
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