

**SOURCE NATURALS®**



**MSM**

**(METHYLSULFONYLMETHANE)  
DIETARY SULFUR SUPPLEMENT**

**1,000 MG • 120 TABLETS**

# Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 60

	<b>Amount Per Serving</b>	<b>%DV</b>
Vitamin C (as ascorbic acid)	250 mg	417%
Molybdenum (as molybdenum chelate)	160 mcg	213%
Methylsulfonylmethane (OptiMSM®)	2 g	†

†Daily Value not established.

Other ingredients: sorbitol, stearic acid, modified cellulose gum, silica, and magnesium stearate.

MSM serves as an important source of bioavailable dietary sulfur, an element that plays a critical role in maintaining the integrity and elasticity of connective and other tissues. It is an important component of proteins found throughout the body, such as in hair, nails, skin and tendons. Vitamin C is necessary for the formation of connective tissue, amino acid metabolism, and hormone synthesis, and serves as a key factor in the body's immune system. Molybdenum is a trace element that is needed by the body for sulfur metabolism, oxygen transport, and detoxification.\*

**Suggested Use:** 2 tablets daily. May take an additional 1 tablet a day if desired.

STORE IN A COOL, DRY PLACE.

**WARNING:** Not for use by women who are pregnant, may become pregnant, or breastfeeding.

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

**OptiMSM** is a registered trademark of Bergstrom Nutrition.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

SN1289 REV H173  
FG-93599 BEST IF USED BY 3 22

Manufactured for:  
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