SUGGESTED USE Consume one or more capsules 30 minutes before bedtime or as recommended by your physician. Consume no more than 3 capsules in any 24-hour period. For questions about the use of this product call 800.332.7799.

WARNING Not for use if you are pregnant or lactating, driving a motor vehicle, operating machinery or using sedative drugs. If you are under a physician's care, seek their advice before using this product. Discontinue use at least two days before any procedure requiring general anesthesia.

FOR OVER 40 YEARS Unsurpassed Purity, Quality and Efficacy





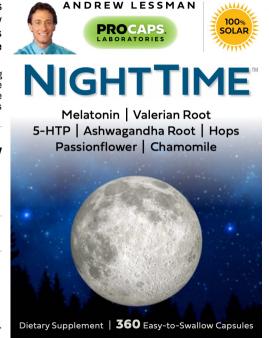
QUESTIONS? | REORDERS?







Manufactured by ProCaps Labs, Henderson, NV 89011



Andrew Lessman's NIGHTTIME is a gentle balanced blend of natural ingredients designed to help promote a restful night's sleep without morning "hangover". The pace and stress of modern life, along with the normal aging process conspires against a restful night's sleep, and as a result, we often find ourselves battling fatigue, since sleep is required to recover from and prepare for the demands of daily life. NightTime is not a "sleeping pill" to "knock you out", but a natural tool to help you fall and remain asleep. NightTime begins with our body's primary sleep Supplement Facts scheduling substance - Melatonin at levels that gently Servings Per Container 360 facilitate sleep without dependency or side effects. We then add 5-hydroxytryptophan (5-HTP) from Griffonia

help you achieve a restful night's sleep. These statements have not been evaluated by the Food and Drug Administration

This product is not intended to diagnose, treat, cure or prevent any disease. **CONTAINS NO ADDITIVES OR COMMON ALLERGENS**

racilitate sleep without dependency or side effects, we	Serving Size I Capsule Servings Per Conta	iller 300
then add 5-hydroxytryptophan (5-HTP) from Griffonia	Amount Per Serving	%DV*
Simplicifolia seed because of its role in serotonin	Calcium (as calcium carbonate) 50 mg	4%
synthesis, which helps to enhance sleep quality while	Magnesium (as magnesium oxide) 30 mg	7%
supporting positive mood. We then include five of Mother	Valerian, extract (root) 150 mg standardized to 0.8% valerenic acids	†
Nature's most powerful soothing, relaxing plants: Valerian Root, Ashwagandha Root, Hops, Passionflower and	Ashwagandha, extract (root) 100 mg standardized to 5% withanolides	t
Chamomile. These plants have been used traditionally for	Hops, extract (flower) 50 mg standardized to 5% alpha bitter acids	t
centuries to promote relaxation and restful sleep. Each botanical is included as a standardized extract to ensure	Passionflower, extract (flower) 50 mg standardized to 3.5% vitexin	t
the delivery of their most important sleep and relaxation	Chamomile, extract (flower) 20 mg standardized to 2.5% apigenin glycosides	t
supporting benefits. A good night's sleep is essential	5-HTP (from Griffonia simplicifolia (seed) extract) 30 mg	t
for a happy, healthy life and NightTime provides the	Melatonin 3 mg	†
comprehensive support necessary to safely and naturally help you achieve a restful night's sleep.	* Percent Daily Values (%DV) are based on a 2,000 calorie of Daily Value not established.	iet.

Other Ingredients: Gelatin capsule. CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.