

SOURCE NATURALS®



MAGNESIUM L-THREONATE

FOR LEARNING AND MEMORY*

667 MG • 90 CAPSULES

*Dietary
Supplement*

Supplement Facts

Serving Size 3 Capsules

Servings Per Container 30

	Amount Per Serving	%DV
Calories	10	
Magnesium (as magnesium L-threonate)	144 mg	34%
Magtein® (magnesium L-threonate)	2 g	†

†Daily value not established.

Other ingredients: gelatin (capsule), maltodextrin, silica, and magnesium stearate.

Suggested Use: 3 capsules daily, preferably in divided doses. Start with 1 capsule daily and gradually increase to 3 capsules daily.

CAUTION: Not recommended for use by children or women who are pregnant, may become pregnant, or breastfeeding. If you are taking any prescription drugs, consult your health care professional before using this product.

STORE IN A COOL, DRY PLACE.

Do not use if either tamper-evident seal is broken or missing.
Keep out of the reach of children.

Magnesium (Mg) plays an essential role in supporting cognitive function and brain health. Preliminary research suggests that **Magtein®** (magnesium L-threonate) may provide more magnesium to the brain than other forms of magnesium. In preclinical studies, Magtein® was shown to support healthy memory and learning as well as healthy brain synapse density in regions of the brain associated with memory. These preclinical findings have now been validated by a clinical study showing positive results in tests of overall cognitive ability after 12 weeks' use of magnesium threonate.*

Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no preservatives, or artificial color, flavor or fragrance.


Magtein.
Think clearly

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***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

SN2485 REV F201-A

FG-108590 BEST IF USED BY 11 24

Manufactured for:
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