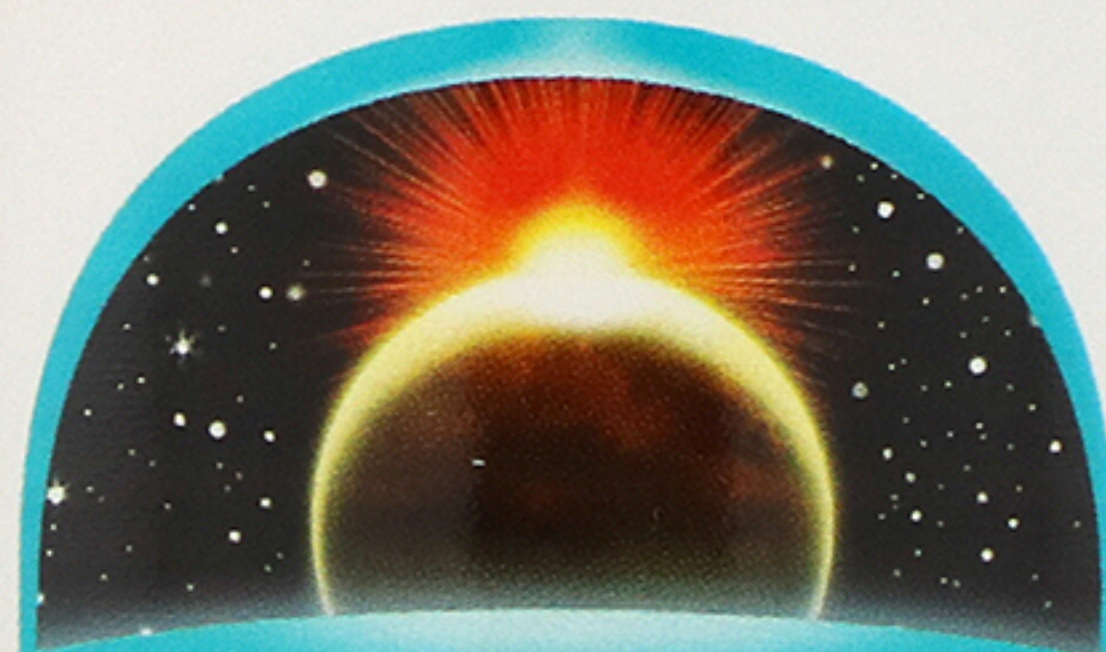


**SOURCE NATURALS®**



DIETARY SUPPLEMENT

# FOS

(FRUCTOOLIGOSACCHARIDES)

PROBIOTIC ENHANCER\*

NET WT. 200 GRAMS (7.05 OZ.)

**POWDER**

## Supplement Facts

Serving Size 1 Rounded Teaspoon (approx. 3.3 g)

Servings Per Container 60

	Amount Per Serving	%DV
Calories	5	
Total Carbohydrate	3 g	<1%*
Dietary Fiber	3 g	10%*
Fructooligosaccharides (FOS)	3.3 g	†

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.

**Suggested Use:** 1 rounded teaspoon daily, mixed in water or juice as desired.

STORE IN A COOL, DRY PLACE.

**NOTE:** If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Source Naturals **FOS** is a complex of fructooligosaccharides (FOS) – a group of naturally occurring carbohydrates that can help promote the growth of beneficial flora in the gastrointestinal tract. The body normally maintains a balance of “friendly” flora in the intestines; unfortunately factors such as improper diet, stress, gastrointestinal problems, and use of antibiotics may disrupt this delicate balance. FOS are long chain sugars that are indigestible by humans, but serve as “food” for friendly flora helping to increase their numbers in the body. Scientific research conducted in Japan has shown that FOS are selectively used by friendly flora such as bifidobacteria and lactobacilli.\*

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no starch, preservatives, or artificial color, flavor or fragrance.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

SN0578 REV H192

FG-102162 BEST IF USED BY 12 22

Manufactured for:  
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