PRODUCT #11883

DIRECTIONS: As a dietary supplement, take three (3) capsules before bed. Dosage may be increased as directed by a healthcare practitioner.

Double-sealed for your protection.

Do not use if seal is broken or missing. CAUTION: KEEP OUT OF REACH OF CHILDREN. If you have a medical condition, are planning any medical

procedure, are pregnant, lactating, trying to conceive. under the age of 18, or taking medications (especially SSRIs, MAO inhibitors, anti-depressants, sedatives, or drugs for Parkinson's or psychiatric disorders), consult your healthcare professional before using this product. Do not take with alcoholic beverages or when operating machinery or driving a vehicle. Consumer Information Services

Voice Mail: 800-845-2730 www.michaelshealth.com

Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.

Certified Kosher. #mfdhadkhealth

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



12 vegan capsules

CONTAINS 5-HTP &

MELATONIN

dietary supplement

Supplement Facts 4 servings per container Serving Size Three (3) Veggie Caps Amount Per Serving % Daily Value Calcium (as Calcium Citrate) 200 mg 15% Magnesium 200 mg 48% (as Magnesium Citrate) 5-HTP (5-Hydroxytryptophan) 100 ma (Griffonia simplicifolia) (Seed) 50 ma (Gamma Amino Butvric Acid) Melatonin 10 mg

OTHER INGREDIENTS: Hypromellose (Capsule), Microcrystalline Cellulose, and Leucine

MANUFACTURED FOR

*Daily Value not established.

MICHAEL'S® NATUROPATHIC PROGRAMS 6003 RANDOLPH BLVD

SAN ANTONIO, TEXAS 78233