

Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 30

Amount Per Serving		% DV
GABA (Gamma Aminobutyric Acid)	600 mg	†
Valerian (root)	450 mg	†
Sculicap (leaf)	250 mg	†
Passion Flower (aerial parts) 4%	200 mg	†
Chamomile Flower (aerial parts)	100 mg	†
L-Theanine	100 mg	†
5-HTP	75 mg	†
Melatonin	3 mg	†

† Daily Value not established.

Other Ingredients: Gelatin Capsule, Magnesium Stearate, Rice Flour.

Manufactured for and distributed by:

Holtorf Medical Group
2232 E. Maple Avenue
El Segundo, CA 90245
(310) 375-2705

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HoltraCeuticals™



Sleep Tight™

Promotes Restful Sleep*

90 Capsules

HOLTORF MEDICAL GROUP®

CENTERS FOR HORMONE IMBALANCE, HYPOTHYROIDISM AND FATIGUE

Dietary Supplement

Suggested Use: As a dietary supplement, take 3 capsules one time daily before bedtime, or as directed by your physician.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

WARNING: May cause drowsiness. Do not use while driving or operating heavy equipment. Do not take this product if you are an individual under the age of 18, pregnant or nursing. Consult your healthcare provider before use if you are taking prescription medications, especially sedatives or tranquilizers.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

Lot# and best by date are on bottom of bottle. V1R1.

