

**Recommended Use:** As a dietary supplement, take 1 capsule daily with 8-12 oz of water or as directed by your healthcare professional.

**Warning:** For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

**Notice:** Store in a cool, dry place.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by Nutricost®  
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[www.nutricost.com](http://www.nutricost.com)



# L-Tryptophan

**500MG**

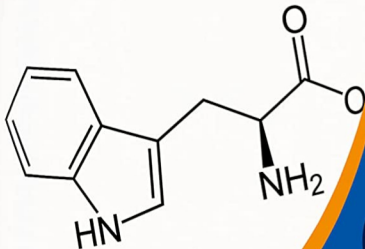
per serving

**120**

capsules

**120**

servings



120 Capsules | Dietary Supplement

**nutricost**

## Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 120

Amount Per Serving	% DV
L-Tryptophan	500mg *
BioPerine® Black Pepper Extract ( <i>Piper nigrum</i> )(fruit)(min. 95% Piperine)	5mg *

\* Daily Values (DV) not established.

Other ingredients: Rice flour, capsule (gelatin), silicon dioxide, magnesium stearate (vegetable source).

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