

A low dose of 300 mcg of **Melatonin** may be more effective at promoting a restful, uninterrupted night of sleep in some individuals.*

Supplement Facts

Serving Size 1 Tablet Servings Per Container 30

Amount Per Serving % DV
Melatonin 300 mcg †

† Daily Value (DV) not established.

Other Ingredients: Sugar, natural flavors, silicon dioxide, stearic acid, citric acid, magnesium stearate, stevia extract.

Directions: Adults and children 4 years or older: chew one tablet one to two hours before bedtime. Keep out of reach of children.

WARNING: For use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

✓ Gluten-free ✓ No Artificial Preservatives

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Div. of J.R. Carlson Laboratories, Inc. Arlington Heights, IL 60004 USA • 888-234-5656 carlsonlabs.com • An FDA Regulated Facility



8736Box-2a

30 Tablets | 30 Servings

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.