

## MAX POTENCY 3X DAILY

Multivitamin tablets with food-based blends, such as:

Orchard Fruits™/ Garden Veggies™ Powder Blend	Daily Greens™ Blend	Cardio Blend
Digestive Enzyme Blend	Omega 3/6/9 Fatty Acid Seed Blend	Citrus Bioflavonoid Complex

### Mushroom Defense Blend



### WHOLE BODY NUTRITION

With High Potency B-Vitamins including  
the active form of B-12 and Folate

#### EYE HEALTH\*

Beta Carotene (Vitamin A)  
Vitamins C, E  
Lutein, Zinc

#### BONE HEALTH\*

Calcium, Folate  
Magnesium, Manganese  
Vitamins D3, K

#### HEART HEALTH\*

B-Vitamins  
Vitamins C, E

#### IMMUNE HEALTH\*

Selenium, Zinc  
Vitamins A, C, D3

#### SKIN HEALTH\*

Vitamins A, C, E,  
Zinc

#### ENERGY METABOLISM\*

B-Vitamins

**FREE FROM** GLUTEN AND ARTIFICIAL COLORS.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

◆ LG14928.F01 BLK8005F

Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662.

\*Trademark of its respective company.



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ULTRA  
POTENT  
B-VITAMINS

Nature's  
Way

# Alive!

# MAX<sup>3</sup> POTENCY MULTIVITAMIN

## SUPPORTS DAILY ENERGY METABOLISM\*

INCLUDING  
Daily Greens™ &  
Orchard Fruits™/Garden Veggies™  
Powder Blends (600 mg per serving)

180 TABLETS • COMPLETE MULTIVITAMIN SUPPLEMENT

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**Recommendation:** Adults take 3 tablets daily, preferably with food. Not formulated for children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a bleeding disorder, or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use.

Supplement Facts		Amount per Serving	% DV
Serving Size 3 Tablets/Servings per Container 60			
Amount per Serving		% DV	
Calories	10		
Total Carbohydrate	2 g	1%	
Vitamin A (as 67% [1,809 mcg] beta carotene and 33% [891 mcg] retinyl acetate)	2,700 mcg	300%	
Vitamin C (ascorbic acid)	900 mg	1,000%	
Vitamin D3 (as cholecalciferol)	50 mcg	250%	
Vitamin E (as d-alpha tocopheryl succinate)	100 mg	667%	
Vitamin K (as phytonadione)	120 mcg	100%	
Thiamin (as thiamin mononitrate)	20 mg	1,667%	
Riboflavin	20 mg	1,538%	
Niacin (as niacinamide)	100 mg	625%	
Vitamin B6 (as pyridoxine HCl)	20 mg	1,176%	
Folate (418 mcg Quatrefolic® brand (6S)-5-Methyltetrahydrofolate glucosamine salt)	400 mcg DFE	100%	
Vitamin B12 (as methylcobalamin)	80 mcg	3,333%	
Biotin	33 mcg	110%	
Pantothenic Acid (as D-calcium pantothenate)	63 mg	1,260%	
Choline (as choline bitartrate)	30 mg	5%	
Calcium (as calcium citrate, carbonate, D-calcium pantothenate)	325 mg	25%	
Iron (as ferrous bisglycinate chelate)	18 mg	100%	
Iodine (as potassium iodide and from kelp)	150 mcg	100%	
Magnesium (as magnesium oxide)	130 mg	31%	
Zinc (as zinc gluconate)	11 mg	100%	
Selenium (as L-selenomethionine)	158 mcg	287%	
Copper (as copper bisglycinate chelate)	0.9 mg	100%	
Manganese (as manganese bisglycinate chelate)	5.8 mg	252%	
Molybdenum (as sodium molybdate)	45 mcg	100%	
Sodium	5 mg	<1%	
Daily Greens™ Blend: Spirulina, Kelp, Barley (grass), Blessed Thistle (stem, leaf, flower),	400 mg		

Other ingredients: cellulose, stearic acid, sodium croscarmellose, hypromellose, silica, magnesium stearate, glycerin, gelatin, brown rice

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Bottled and tested in the USA • Questions? 1-800-9NATURE / feelalive.com

**Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.