

100 Soft Gels | 50 Servings

## **Supplement Facts**

Serving Size 2 Soft Gels Servings Per Container 50

	Amount	Per Serving	% DV
	Calories	20	
	Total Fat	2 g	3%**
	Protein	<1 g	
	Vitamin E (as d-alpha tocopherol)	13.4 mg	89%
	Norwegian Fish Oil	2 g	†
	Total Omega-3 Fatty Acids <sup>☆</sup>	1,200 mg	†
	EPA (Eicosapentaenoic Acid)☆	600 mg	†
	DHA (Docosahexaenoic Acid)☆	400 mg	+

\*\* Percent Daily Values are based on a 2.000 calorie diet. † Daily Value (DV) not established. \*Reported as ethyl ester. Other Ingredients: Soft gel shell (beef gelatin, glycerin, water), mixed tocopherols. Contains fish (anchovy, sardine and mackerel).

## Directions: Adults: take two soft gels daily at mealtime.

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Carlson **Providing the finest Norwegian** omega-3s since 1982

**Super Omega-3 Gems®** provide the beneficial omega-3s EPA and DHA, which support heart, brain, vision, and joint health, and promote optimal wellness.\* To ensure maximum freshness, Super Omega-3 Gems are closely managed from sea to store. We source the highest quality, deep, cold-water fish using traditional, sustainable methods.

✓ Gluten-free ✓ No Artificial Preservatives

## **PURITY GUARANTEED**

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

