

Formulated/manufactured exclusively for
AdvoCare® International, LLC
Richardson, TX 75082 • 800-542-4800
For more information visit advocare.com

CAUTION: CHECK WITH YOUR HEALTHCARE
PROFESSIONAL BEFORE USING THIS PRODUCT.
THIS PRODUCT IS NOT INTENDED FOR CHILDREN
OR PREGNANT OR NURSING WOMEN.
ALWAYS MAINTAIN PROPER HYDRATION DURING
PRODUCT USE.

KEEP OUT OF REACH OF CHILDREN.

Store away from excessive heat, light and humidity.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD
AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED
TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



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Mass Impact® enhances
your workouts by providing
nutrients to support muscle
building.* It also contains
ingredients to support
rehydration and muscle
recovery.*

Directions For Use: Shake or stir
contents of one level scoop into
8 fluid ounces of water or the
beverage of your choice.

Consume on an empty stomach
30 minutes before exercise.
May consume up to 3 servings
per day (multiply ingredient
amounts by 3 for total daily
serving size).



MASS IMPACT®

MULTINUTRIENT AMINO ACID SUPPLEMENT

3g

CREATINE

3g

OTHER
AMINO ACIDS

500mg

L-ALANYL-
L-GLUTAMINE

CITRUS

Natural Flavor

NET WT 10.2 OZ (290g)



Supplement Facts

Serving Size: 1 scoop (0.5oz/15g) [makes 8 fl oz prepared]
Servings Per Container: About 20

	Amt Per Serving	%DV
Calories	30	
Total Carbohydrates	7g	3%†
Sodium	210mg	9%
Creatine monohydrate	3g	**
L-Leucine	2g	**
Glycine	1g	**
L-Alanyl-L-Glutamine	500mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established

OTHER INGREDIENTS: MALTODEXTRIN, SODIUM CITRATE,
SILICON DIOXIDE, SUCRALOSE, NATURAL FLAVOR.

MANUFACTURED IN A FACILITY THAT PROCESSES MILK,
SOY, EGGS, NUTS AND WHEAT.