

WELLSONA™ Brain Health Omega



Active Ingredients

Highly Refined and Concentrated Omega-3 Oil (cod liver), Capsule Shell (gelatin, glycerin, purified water), Natural Lemon Flavor, Natural Blood Tocopherols (vit E).

Nutritional Information

Supplement Facts

Serving Size: 3 Softgels

Servings Per Container: 30

Softgels Contain

		% Daily Value
Calories (energy)	30	
Calories from Fat	25	
Total Fat	3 g	6%*
Polyunsaturated Fat	2 g	†
Monounsaturated Fat	1 g	†
Cholesterol	15 mg	30%*
Protein	< 1 g	
Vitamin E	15 IU	30%*
Omega-3 Fatty Acids	1,800 mg	†
EPA (Eicosapentaenoic acid)	150 mg	†
DHA (Docosahexaenoic acid)	1,300 mg	†
Additional Omega-3 Fatty Acids	150 mg	†

*Percent Daily Values are based on a 2,000-calorie diet.
†Daily Value not established.

