

Spring Valley® Daily Pak® take the guesswork out of vitamins for everyone. The Daily Pak® offer a convenient way to fulfill your daily vitamin requirements. Each Daily Pak® specialized formula was developed to address specific nutritional needs and provide maximum benefits. Spring Valley® Daily Pak®, with multiple vitamin tablets, is better able to meet this need versus a single pill format.

DAILY PAK[®]
MAXIMUM
MULTIVITAMIN
WITH ASIAN GINSENG EXTRACT

- Specially Formulated for Men & Women of All Ages
- Over 20 Key Vitamins & Minerals
- Balanced Daily Nutrition



EACH PACKET INCLUDES:

- | | |
|---------------------------|--------------------------------------|
| • Multivitamin (1 Caplet) | • Calcium (2 Caplets) |
| • Vitamin C (1 Caplet) | • B Complex (1 Tablet) |
| • Vitamin E (1 Caplet) | • Amino Glutamic Extract (1 Softgel) |

Daily Dietary Supplement

30 Packets

**DAILY PAK®
MAXIMUM**

EACH PACKET CONTAINS THE
FOLLOWING DIETARY SUPPLEMENTS:

Abstract

A supplement providing important nutrients to help provide balanced daily nutrition.

Vitamin E and Vitamin D

These two important vitamins are known for their antioxidant properties and immune system benefits.* High potency formulations of these two important vitamins have been added to boost the potency in the multivitamin.

Guidelines

Adequate calcium as part of a healthy diet, along with physical activity, may reduce the risk of osteoporosis later in life.

Example

Supports energy metabolism with a combination of B-vitamins, which help convert food into energy and are necessary for normal functioning of the nervous system.*

Authors' Disclosures of Potential Conflicts of Interest

◆ Ginseng contains naturally occurring phytoestrogens, bioactive factors that play a role in well-being.

**The Milk or Milk Derivatives, No Lactose,
No Artificial Flavor**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PERFORMANCE AND POTENCY GUARANTEED THROUGHOUT

1997-98-99



PUB 194, 12-19872

**DAILY PAK
MAXIMUM**
MULTIVITAMIN
WITH ASIAN GINSENG EXTRACT

DAILY PAK® MAXIMUM
 Supplement Facts

Shampoo Type	Shampoo Per Packet	% Daily Requirement
Shampoo A-1 (200 g)	100% of Daily Requirement	
Shampoo B-1 (100 g)	50%	50%
Shampoo C-1 (50 g)	25%	25%
Shampoo D-1 (25 g)	12.5%	12.5%
Shampoo E-1 (12.5 g)	6.25%	6.25%
Shampoo F-1 (6.25 g)	3.125%	3.125%
Shampoo G-1 (3.125 g)	1.5625%	1.5625%
Shampoo H-1 (1.5625 g)	0.78125%	0.78125%
Shampoo I-1 (0.78125 g)	0.390625%	0.390625%
Shampoo J-1 (0.390625 g)	0.1953125%	0.1953125%
Shampoo K-1 (0.1953125 g)	0.09765625%	0.09765625%
Shampoo L-1 (0.09765625 g)	0.048828125%	0.048828125%
Shampoo M-1 (0.048828125 g)	0.0244140625%	0.0244140625%
Shampoo N-1 (0.0244140625 g)	0.01220703125%	0.01220703125%
Shampoo O-1 (0.01220703125 g)	0.006103515625%	0.006103515625%
Shampoo P-1 (0.006103515625 g)	0.0030517578125%	0.0030517578125%
Shampoo Q-1 (0.0030517578125 g)	0.00152587890625%	0.00152587890625%
Shampoo R-1 (0.00152587890625 g)	0.000762939453125%	0.000762939453125%
Shampoo S-1 (0.000762939453125 g)	0.0003814697265625%	0.0003814697265625%
Shampoo T-1 (0.0003814697265625 g)	0.00019073486328125%	0.00019073486328125%
Shampoo U-1 (0.00019073486328125 g)	9.536743193125e-05%	9.536743193125e-05%
Shampoo V-1 (9.536743193125e-05 g)	4.7683715965625e-05%	4.7683715965625e-05%
Shampoo W-1 (4.7683715965625e-05 g)	2.38418579828125e-05%	2.38418579828125e-05%
Shampoo X-1 (2.38418579828125e-05 g)	1.192092899140625e-05%	1.192092899140625e-05%
Shampoo Y-1 (1.192092899140625e-05 g)	5.960464495703125e-06%	5.960464495703125e-06%
Shampoo Z-1 (5.960464495703125e-06 g)	2.9802322478515625e-06%	2.9802322478515625e-06%
Shampoo AA-1 (2.9802322478515625e-06 g)	1.4901161239257812e-06%	1.4901161239257812e-06%
Shampoo AB-1 (1.4901161239257812e-06 g)	7.450580619628906e-07%	7.450580619628906e-07%
Shampoo AC-1 (7.450580619628906e-07 g)	3.725290309814453e-07%	3.725290309814453e-07%
Shampoo AD-1 (3.725290309814453e-07 g)	1.8626451549072265e-07%	1.8626451549072265e-07%
Shampoo AE-1 (1.8626451549072265e-07 g)	9.313225774536132e-08%	9.313225774536132e-08%
Shampoo AF-1 (9.313225774536132e-08 g)	4.656612887268066e-08%	4.656612887268066e-08%
Shampoo AG-1 (4.656612887268066e-08 g)	2.328306443634033e-08%	2.328306443634033e-08%
Shampoo AH-1 (2.328306443634033e-08 g)	1.1641532218170165e-08%	1.1641532218170165e-08%
Shampoo AI-1 (1.1641532218170165e-08 g)	5.8207661090850825e-09%	5.8207661090850825e-09%
Shampoo AJ-1 (5.8207661090850825e-09 g)	2.9103830545425412e-09%	2.9103830545425412e-09%
Shampoo AK-1 (2.9103830545425412e-09 g)	1.4551915272712706e-09%	1.4551915272712706e-09%
Shampoo AL-1 (1.4551915272712706e-09 g)	7.275957636356353e-10%	7.275957636356353e-10%
Shampoo AM-1 (7.275957636356353e-10 g)	3.6379788181781765e-10%	3.6379788181781765e-10%
Shampoo AN-1 (3.6379788181781765e-10 g)	1.8189894090890882e-10%	1.8189894090890882e-10%
Shampoo AO-1 (1.8189894090890882e-10 g)	9.094947045445441e-11%	9.094947045445441e-11%
Shampoo AP-1 (9.094947045445441e-11 g)	4.5474735227227205e-11%	4.5474735227227205e-11%
Shampoo AQ-1 (4.5474735227227205e-11 g)	2.2737367613613602e-11%	2.2737367613613602e-11%
Shampoo AR-1 (2.2737367613613602e-11 g)	1.1368683806806801e-11%	1.1368683806806801e-11%
Shampoo AS-1 (1.1368683806806801e-11 g)	5.6843419034034005e-12%	5.6843419034034005e-12%
Shampoo AT-1 (5.6843419034034005e-12 g)	2.8421709517017002e-12%	2.8421709517017002e-12%
Shampoo AU-1 (2.8421709517017002e-12 g)	1.4210854758508501e-12%	1.4210854758508501e-12%
Shampoo AV-1 (1.4210854758508501e-12 g)	7.1054273792542505e-13%	7.1054273792542505e-13%
Shampoo AW-1 (7.1054273792542505e-13 g)	3.5527136896271252e-13%	3.5527136896271252e-13%
Shampoo AX-1 (3.5527136896271252e-13 g)	1.7763568448135626e-13%	1.7763568448135626e-13%
Shampoo AY-1 (1.7763568448135626e-13 g)	8.881784224067813e-14%	8.881784224067813e-14%
Shampoo AZ-1 (8.881784224067813e-14 g)	4.4408921120339065e-14%	4.4408921120339065e-14%
Shampoo BA-1 (4.4408921120339065e-14 g)	2.2204460560169532e-14%	2.2204460560169532e-14%
Shampoo BB-1 (2.2204460560169532e-14 g)	1.1102230280084766e-14%	1.1102230280084766e-14%
Shampoo BC-1 (1.1102230280084766e-14 g)	5.551115140042383e-15%	5.551115140042383e-15%
Shampoo BD-1 (5.551115140042383e-15 g)	2.7755575700211915e-15%	2.7755575700211915e-15%
Shampoo BE-1 (2.7755575700211915e-15 g)	1.3877787850105958e-15%	1.3877787850105958e-15%
Shampoo BF-1 (1.3877787850105958e-15 g)	6.938893925052979e-16%	6.938893925052979e-16%
Shampoo BG-1 (6.938893925052979e-16 g)	3.4694469625264895e-16%	3.4694469625264895e-16%
Shampoo BH-1 (3.4694469625264895e-16 g)	1.7347234812632447e-16%	1.7347234812632447e-16%
Shampoo BI-1 (1.7347234812632447e-16 g)	8.673617406316224e-17%	8.673617406316224e-17%
Shampoo BJ-1 (8.673617406316224e-17 g)	4.336808703158112e-17%	4.336808703158112e-17%
Shampoo BK-1 (4.336808703158112e-17 g)	2.168404351579056e-17%	2.168404351579056e-17%
Shampoo BL-1 (2.168404351579056e-17 g)	1.084202175789528e-17%	1.084202175789528e-17%
Shampoo BM-1 (1.084202175789528e-17 g)	5.42101087894764e-18%	5.42101087894764e-18%
Shampoo BN-1 (5.42101087894764e-18 g)	2.71050543947382e-18%	2.71050543947382e-18%
Shampoo BO-1 (2.71050543947382e-18 g)	1.35525271973691e-18%	1.35525271973691e-18%
Shampoo BP-1 (1.35525271973691e-18 g)	6.77626359868455e-19%	6.77626359868455e-19%
Shampoo BQ-1 (6.77626359868455e-19 g)	3.388131799342275e-19%	3.388131799342275e-19%
Shampoo BR-1 (3.388131799342275e-19 g)	1.6940658996711375e-19%	1.6940658996711375e-19%
Shampoo BS-1 (1.6940658996711375e-19 g)	8.470329498355688e-20%	8.470329498355688e-20%
Shampoo BT-1 (8.470329498355688e-20 g)	4.235164749177844e-20%	4.235164749177844e-20%
Shampoo BU-1 (4.235164749177844e-20 g)	2.117582374588922e-20%	2.117582374588922e-20%
Shampoo BV-1 (2.117582374588922e-20 g)	1.058791187294461e-20%	1.058791187294461e-20%
Shampoo BW-1 (1.058791187294461e-20 g)	5.293955936472305e-21%	5.293955936472305e-21%
Shampoo BX-1 (5.293955936472305e-21 g)	2.6469779682361525e-21%	2.6469779682361525e-21%
Shampoo BY-1 (2.6469779682361525e-21 g)	1.3234889841180762e-21%	1.3234889841180762e-21%
Shampoo BZ-1 (1.3234889841180762e-21 g)	6.617444920590381e-22%	6.617444920590381e-22%
Shampoo CA-1 (6.617444920590381e-22 g)	3.3087224602951905e-22%	3.3087224602951905e-22%
Shampoo CB-1 (3.3087224602951905e-22 g)	1.6543612301475952e-22%	1.6543612301475952e-22%
Shampoo CC-1 (1.6543612301475952e-22 g)	8.271806150737976e-23%	8.271806150737976e-23%
Shampoo CD-1 (8.271806150737976e-23 g)	4.135903075368988e-23%	4.135903075368988e-23%
Shampoo CE-1 (4.135903075368988e-23 g)	2.067951537684494e-23%	2.067951537684494e-23%
Shampoo CF-1 (2.067951537684494e-23 g)	1.033975768842247e-23%	1.033975768842247e-23%
Shampoo CG-1 (1.033975768842247e-23 g)	5.169878844211235e-24%	5.169878844211235e-24%
Shampoo CH-1 (5.169878844211235e-24 g)	2.5849394221056175e-24%	2.5849394221056175e-24%
Shampoo CI-1 (2.5849394221056175e-24 g)	1.2924697110528087e-24%	1.2924697110528087e-24%
Shampoo CJ-1 (1.2924697110528087e-24 g)	6.4623485552640435e-25%	6.4623485552640435e-25%
Shampoo CK-1 (6.4623485552640435e-25 g)	3.2311742776320217e-25%	3.2311742776320217e-25%
Shampoo CL-1 (3.2311742776320217e-25 g)	1.6155871388160109e-25%	1.6155871388160109e-25%
Shampoo CM-1 (1.6155871388160109e-25 g)	8.077935694080054e-26%	8.077935694080054e-26%
Shampoo CN-1 (8.077935694080054e-26 g)	4.038967847040027e-26%	4.038967847040027e-26%
Shampoo CO-1 (4.038967847040027e-26 g)	2.0194839235200135e-26%	2.0194839235200135e-26%
Shampoo CP-1 (2.0194839235200135e-26 g)	1.0097419617600068e-26%	1.0097419617600068e-26%
Shampoo CQ-1 (1.0097419617600068e-26 g)	5.048709808800034e-27%	5.048709808800034e-27%
Shampoo CR-1 (5.048709808800034e-27 g)	2.524354904400017e-27%	2.524354904400017e-27%
Shampoo CS-1 (2.524354904400017e-27 g)	1.2621774522000085e-27%	1.2621774522000085e-27%
Shampoo CT-1 (1.2621774522000085e-27 g)	6.3108872610000425e-28%	6.3108872610000425e-28%
Shampoo CU-1 (6.3108872610000425e-28 g)	3.1554436305000212e-28%	3.1554436305000212e-28%
Shampoo CV-1 (3.1554436305000212e-28 g)	1.5777218152500106e-28%	1.5777218152500106e-28%
Shampoo CW-1 (1.5777218152500106e-28 g)	7.888609076250053e-29%	7.888609076250053e-29%
Shampoo CX-1 (7.888609076250053e-29 g)	3.9443045381250265e-29%	3.9443045381250265e-29%
Shampoo CY-1 (3.9443045381250265e-29 g)	1.9721522690625132e-29%	1.9721522690625132e-29%
Shampoo CZ-1 (1.9721522690625132e-29 g)	9.860761345312566e-30%	9.860761345312566e-30%
Shampoo DA-1 (9.860761345312566e-30 g)	4.930380672656283e-30%	4.930380672656283e-30%
Shampoo DB-1 (4.930380672656283e-30 g)	2.4651903363281415e-30%	2.4651903363281415e-30%
Shampoo DC-1 (2.4651903363281415e-30 g)	1.2325951681640707e-30%	1.2325951681640707e-30%
Shampoo DD-1 (1.2325951681640707e-30 g)	6.1629758408203535e-31%	6.1629758408203535e-31%
Shampoo DE-1 (6.1629758408203535e-31 g)	3.0814879204101767e-31%	3.0814879204101767e-31%
Shampoo DF-1 (3.0814879204101767e-31 g)	1.5407439602050884e-31%	1.5407439602050884e-31%
Shampoo DG-1 (1.5407439602050884e-31 g)	7.703719801025442e-32%	7.703719801025442e-32%
Shampoo DH-1 (7.703719801025442e-32 g)	3.851859900512721e-32%	3.851859900512721e-32%
Shampoo DI-1 (3.851859900512721e-32 g)	1.9259299502563605e-32%	1.9259299502563605e-32%
Shampoo DJ-1 (1.9259299502563605e-32 g)	9.629649751281802e-33%	9.629649751281802e-33%
Shampoo DK-1 (9.629649751281802e-33 g)	4.814824875640901e-33%	4.814824875640901e-33%
Shampoo DL-1 (4.814824875640901e-33 g)	2.4074124378204505e-33%	2.4074124378204505e-33%
Shampoo DM-1 (2.4074124378204505e-33 g)	1.2037062189102252e-33%	1.2037062189102252e-33%
Shampoo DN-1 (1.2037062189102252e-33 g)	6.018531094551126e-34%	6.018531094551126e-34%
Shampoo DO-1 (6.018531094551126e-34 g)	3.009265547275563e-34%	3.009265547275563e-34%
Shampoo DP-1 (3.009265547275563e-34 g)	1.5046327736377815e-34%	1.5046327736377815e-34%
Shampoo DQ-1 (1.5046327736377815e-34 g)	7.5231638681889075e-35%	7.5231638681889075e-35%
Shampoo DR-1 (7.5231638681889075e-35 g)	3.7615819340944537e-35%	3.7615819340944537e-35%
Shampoo DS-1 (3.7615819340944537e-35 g)	1.8807909670472269e-35%	1.8807909670472269e-35%
Shampoo DT-1 (1.8807909670472269e-35 g)	9.403954835236134e-36%	9.403954835236134e-36%
Shampoo DU-1 (9.403954835236134e-36 g)	4.701977417618067e-36%	4.701977417618067e-36%
Shampoo DV-1 (4.701977417618067e-36 g)	2.3509887088090335e-36%	2.3509887088090335e-36%
Shampoo DW-1 (2.3509887088090335e-36 g)	1.1754943544045167e-36%	1.1754943544045167e-36%
Shampoo DX-1 (1.1754943544045167e-36 g)	5.8774717720225835e-37%	5.8774717720225835e-37%
Shampoo DY-1 (5.8774717720225835e-37 g)	2.9387358860112917e-37%	2.9387358860112917e-37%
Shampoo DZ-1 (2.9387358860112917e-37 g)	1.4693679430056459e-37%	1.4693679430056459e-37%
Shampoo EA-1 (1.4693679430056459e-37 g)	7.3468397150282295e-38%	7.3468397150282295e-38%
Shampoo EB-1 (7.3468397150282295e-38 g)	3.6734198575141147e-38%	3.6734198575141147e-38%
Shampoo EC-1 (3.6734198575141147e-38 g)	1.8367099287570574e-38%	1.8367099287570574e-38%
Shampoo ED-1 (1.8367099287570574e-38 g)	9.183549643785287e-39%	9.183549643785287e-39%
Shampoo EE-1 (9.183549643785287e-39 g)	4.5917748218926435e-39%	4.5917748218926435e-39%
Shampoo EF-1 (4.5917748218926435e-39 g)	2.2958874109463217e-39%	2.2958874109463217e-39%
Shampoo EG-1 (2.2958874109463217e-39 g)	1.1479437054731609e-39%	1.1479437054731609e-39%
Shampoo EH-1 (1.1479437054731609e-39 g)	5.7397185273658045e-40%	5.7397185273658045e-40%
Shampoo EI-1 (5.7397185273658045e-40 g)	2.8698592636829022e-40%	2.8698592636829022e-40%
Shampoo EJ-1 (2.8698592636829022e-40 g)	1.4349296318414511e-40%	1.4349296318414511e-40%
Shampoo EK-1 (1.4349296318414511e-40 g)	7.1746481592072555e-41%	7.1746481592072555e-41%
Shampoo EL-1 (7.1746481592072555e-41 g)	3.5873240796036277e-41%	3.5873240796036277e-41%
Shampoo EM-1 (3.5873240796036277e-41 g)	1.7936620398018139e-41%	1.7936620398018139e-41%
Shampoo EN-1 (1.7936620398018139e-41 g)	8.968310199009069e-42%	8.968310199009069e-42%
Shampoo EO-1 (8.968310199009069e-42 g)	4.4	

[illegible]

transcript values and other variables.

SUGGESTED USE: As a dietary supplement, take the contents of one (1) packet daily with a full glass of water, preferably after a meal.

WARNING: Not intended for use by pregnant or nursing women. Do not take any medications, starting any medical procedure or have any medical condition. Consult your doctor before use. Avoid the product if you are allergic to yeast. Discontinue use and consult your doctor if any adverse reaction occurs. Not intended for use by persons under the age of 18.

KEEP OUT OF THE REACH OF CHILDREN. STORE
AT ROOM TEMPERATURE AND AWAY FROM EXCESSIVE HEAT. FOR
YOUR PROTECTION, DO NOT USE IF OUTER WRAP IS TORN
OR MISSING.

Wetlands have a different national value and may even be more

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