

NATURELO®

PREMIUM SUPPLEMENTS

ONE DAILY MULTIVITAMIN

FOR MEN

120
VEGETARIAN
CAPSULES

DIETARY SUPPLEMENT

FORMULATED TO SUPPORT
ENERGY, IMMUNE HEALTH, & MUSCLE FUNCTION*



Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 120

Amount Per Serving		%DV
Vitamin A (as Natural Beta Carotene from <i>Blakeslea Trispora</i>)	1000 mcg RAE	111%
Vitamin C (from L-Ascorbate & Acerola Cherry Extract)	100 mg	111%
Vitamin D3 (as Plant-based Cholecalciferol from Wild-harvested Lichen)	22 mcg (880 IU)	110%
Vitamin E (from d-Alpha Tocopheryl from Sunflower)	16.5 mg alpha tocopherol	110%
Vitamin K2 (as Menaquinone MK-7)	120 mcg	100%
Vitamin B1 (from Thiamine HCl)	1.3 mg	108%
Vitamin B2 (Riboflavin)	1.4 mg	108%
Vitamin B3 (as Niacinamide)	17.6 mg NE	110%
Vitamin B6 (from Pyridoxal-5-Phosphate)	1.9 mg	112%
Folate (as Active L-5-Methylfolate)	400 mcg DFE	100%
Vitamin B12 (as Methylcobalamin)	2.6 mcg	108%
Biotin (as D-Biotin)	33 mcg	110%
Vitamin B5 (from d-Calcium Pantothenate)	5.5 mg	110%
Calcium (as Aquamin® from Marine Algae and Dicalcium Phosphate)	50 mg	4%

Amount Per Serving		%DV
Phosphorous (from Dicalcium Phosphate)	8 mg	1%
Iodine (from Wild, Hand-harvested Kelp)	100 mcg	67%
Magnesium (as Aquamin® Magnesium from Marine Algae)	50 mg	12%
Zinc (from Zinc Amino Acid Chelate)	10 mg	91%
Selenium (from Selenium Glycinate Complex)(TRAACS®)	50 mcg	91%
Copper (as Copper Aminomin)	0.5 mg	56%
Manganese (as Manganese Sulfate)	1.5 mg	65%
Chromium (from Chromium Polynicotinate)	30 mcg	86%
Molybdenum (as Molybdenum Krebs Complex)	40 mcg	89%
Organic Fruit & Vegetable Blend		
Organic Blueberry (Berry)	10 mg	**
Organic Carrot (Root)	10 mg	**
Organic Kale (Whole Plant)	10 mg	**
Organic Pomegranate (Whole Fruit Juice)	10 mg	**
Organic Raspberry (Berry)	10 mg	**
Organic Spinach (Leaf/Stalk)	10 mg	**

**Daily Value (DV) not established.



NO GMOs



NO SOY



NO GLUTEN



VEGAN FRIENDLY

NO COLORING, PRESERVATIVES OR FLAVORING

Suggested Use: Take one (1) capsule daily with a meal and a full glass of water.

Does NOT contain GMOs, soy, gluten, milk, eggs, fish, shellfish, tree nuts, peanuts, or preservatives. Suitable for vegans and vegetarians.

Caution: Keep out of reach of children. As with any dietary supplement, consult your healthcare practitioner before using this product. Store in a cool, dry place. Do not use if safety seal under the lid is missing or broken.

Aquamin® is a registered trademark of Marigot Limited. TRAACS® is a registered trademark of Albion International, Inc.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated and distributed by:
NATURELO Premium Supplements
Seattle, WA 98104, USA
1800.560.8550
www.naturelo.com



1D-MEN-120-U-2003

Other Ingredients: Vegetable Cellulose Capsule

Best Before: See date on bottom