

**DIRECTIONS:** As a dietary supplement, take 3 tablets three times daily, with 8 oz. of water or juice, preferably with or after meals. **Swallow, do not chew.**

High fiber "FIBER-TABLETS" are a natural blend of water soluble oat bran in a convenient, easy to swallow tablet. "FIBER-TABLETS" are a natural, drug free product you can use as often as you like.

**TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing.

Keep tightly closed.

Store at room temperature: 59°-86°F (15°-30°C).

**KEEP OUT OF REACH OF CHILDREN.**

Mfg. in an FDA Registered Facility  
using Good Manufacturing Practices (GMPs)

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

**CAUTION:** If you are pregnant or nursing, consult your physician before taking this product.



Reorder  
#2582

**WONDER**  
Laboratories®

New Improved  
Formula

# FIBER TABLETS

**Oat Bran**  
**Water Soluble Fiber**

Dietary Supplement

**270 TABLETS**

## Supplement Facts

Serving Size 3 Tablets

Servings Per Container 90

Amount Per Serving	% DV
--------------------	------

Calories .....	10
----------------	----

Total Carbohydrates.....	2 g	1%*
--------------------------	-----	-----

Oat Bran (husk) .....	2550 mg	**
-----------------------	---------	----

\* Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value not established.

Other ingredients: Vegetable cellulose, stearic acid, silica.

Distributed by: **Wonder Laboratories®**

115 S.C.T. Ct., White House, TN 37188

**Made in USA**

Rev. #04