

**DIRECTIONS: FOR ADULTS, TAKE ONE (1) TABLET DAILY, PREFERABLY WITH A MEAL.** As a reminder, discuss the supplements and medications you take with your health care providers.

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Folic Acid	800 mcg	200%

**Other Ingredients:** Vegetable Cellulose, Dicalcium Phosphate. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

**No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.**

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Manufactured by REXALL SUNDOWN, INC.  
Boca Raton, FL 33487 USA

**Sundown**  
*Naturals*

# Folic Acid

**800 MCG**

**Essential  
B Vitamin**

**Supports Heart and  
Cardiovascular Health\***



**VEGETARIAN FORMULA**

**100 TABLETS VITAMIN SUPPLEMENT**

### Smart Facts

Folic Acid is an essential B Vitamin that supports the heart.\* In addition, women who consume healthful diets with adequate Folic Acid may reduce their risk of having a child with birth defects of the brain or spinal cord. Folic Acid intake should not exceed 250% of the Daily Value (1,000 mcg).

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.



Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at [www.sundownnaturals.com](http://www.sundownnaturals.com)



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Prod. No. 45133

