DIRECTIONS: As a dietary supplement, take 1 tablet twice daily, one before morning and evening meals.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C). KEEP OUT OF REACH OF CHILDREN.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Conforms to USP < 2091 > for weight. Meets USP < 2040 > disintegration for maximum bioavailability.

† ChromeMate® Brand Niacin-Bound Chromium.

CAUTION: If you are pregnant or nursing, consult your physician before taking this product.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.



CALCIUM w/ MINERALS

Plus ChromeMate® **Chromium Polynicotinate**

Gluten Free Dietary Supplement

100 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving % DV

Calcium (as calcium carbonate) 400 mg..... 31% Iron (as ferrous fumarate)...... 20 mg... 111% lodine (as potassium iodide).....113 mcg.....75% Magnesium (as magnesium oxide) 200 mg..... 48% Zinc (as zinc gluconate)...... 20 mg... 182% Selenium (as sodium selenate) .. 25 mcg..... 46% Copper (as copper gluconate) 0.3 mg..... 33% Manganese (as manganese gluconate) . 7 mg... 304% Chromium (as chromium polynicotinate) †50 mcg... 143% Potassium (as potassium citrate). 49 mg...... 1%

Other ingredients: Vegetable cellulose, vegetable stearic acid, vegetable magnesium stearate, silica,

Distributed by: Wonder Laboratories ®

115 S.C.T.Ct., White House, TN 37188 Made in USA

Rev.06DV