

**DIRECTIONS:** Take 2 capsules daily with food as a dietary supplement, or as directed by a healthcare professional.

**KEEP OUT OF REACH OF CHILDREN.**  
Protect from heat, light and moisture.  
Store in a cool, dry place.  
**DO NOT PURCHASE IF SEAL IS BROKEN.**

Made in the U.S.A. from globally sourced ingredients.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more information visit us at [windmillvitamins.com](http://windmillvitamins.com)

ITEM 204



**WINDMILL®**  
**PRENATAL**  
**MULTIVITAMIN**

**FOR PREGNANT & NURSING MOMS**

**Supports Healthy Pregnancy  
& Fetal Development†**

**DIETARY SUPPLEMENT**

**60 CAPSULES | 30 SERVINGS**

**Supplement Facts**

Serving Size: 2 Capsules / Servings Per Container: 30

	Amount Per Serving	% Daily Value For pregnant / lactating women
Vitamin A (as beta-carotene and retinyl acetate)	1,200 mcg (RAE)	92%
Vitamin C (as ascorbic acid)	72 mg	60%
Vitamin D (as cholecalciferol)	20 mcg	133%
Vitamin E (as d-alpha-tocopheryl-succinate)	20 mg	105%
Vitamin B1 (as thiamin HCl)	1.4 mg	100%
Vitamin B2 (as riboflavin)	2 mg	125%
Niacin (as niacinamide)	20 mg NE	111%
Vitamin B6 (as pyridoxine HCl)	2 mg	100%
Folate (as folic acid)	600 mcg DFE	100%
Vitamin B12 (as cyanocobalamin)	2.8 mcg	100%
Biotin	17.5 mcg	50%
Pantothenic acid (as d-calcium pantothenate)	7 mg	100%
Iron (as carbonyl iron)	28 mg	104%
Iodine (as potassium iodide)	290 mcg	100%
Magnesium (as magnesium oxide)	100 mg	25%
Zinc (as zinc oxide)	13 mg	100%
Copper (as copper oxide)	1.3 mg	100%
Choline (as choline bitartrate)	550 mg	100%

**NO SUGAR, GLUTEN,  
OR YEAST**

Distributed by: Windmill Health Products®  
10 Henderson Drive,  
West Caldwell NJ 07006

Other ingredients: Gelatin capsule (bovine gelatin, titanium dioxide, FD&C Red #40) and magnesium stearate.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.