TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Mfg. in a Ko Kosher Certified, FDA Registered Facility, using Good Manufacturing Practices (GMPs)

Keep tightly closed.

Store at room temperature: 59°-86°F (15° -30°C).

KEEP OUT OF REACH OF CHILDREN.

Conforms to USP <2091> for weight. Meets USP<2040>disintegrationformaximumbioavailability.

WARNING: Diabetics/Hypoglycemics use only under a doctor's supervision because this product contains chromium which may enhance insulin sensitivity and may affect your blood sugar. If you are pregnant or nursing do not take this product.

† ChromeMate® brand of niacin-bound chromium polynicotinate.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



ALPHA LIPOIC +

Alpha Lipoic, ChromeMate® Methylcobalamin B-12



Nutritionally Supports Healthy Glucose Metabolism and Liver Function*

Gluten Free

Dietary Supplement

60 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% DV
Vitamin B12 (as methylcobalamin	6 mcg 100%
Chromium† ChromeMate®(chron	200 mcg 166% nium polynicotinate)
Alpha Lipoic Acid	600 mg**

Other ingredients: Gelatin, vegetable magnesium stearate, vegetable celluose, silica.

DIRECTIONS: As a dietary supplement, take 1 capsule daily.

Mfg. for: Foster Regal Laboratories ® 115 S.C.T. Ct., White House, TN 37188 Made in USA