

Coenzyme B-Complex contains essential B Vitamins in its active, "coenzymated" form. This complex that you've known and loved for over 15 years includes Methylfolate – one of the most advanced forms currently available. And as always, you don't need to worry about the typical Vitamin B taste or odor. Now with choline, an essential nutrient that is needed to form acetylcholine, an important neurotransmitter.**

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

YES CERTIFIED GLUTEN-FREE BY GFCD.ORG
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER
YES KOSHER

NO YEAST, WHEAT OR SOY
NO MILK, SUGAR OR PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
NO MAGNESIUM STEARATE
NO GMOs

This product has been manufactured at a GMP Registered facility.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Lot No:

Best by:



Dietary Supplement **120** Vegan Capsules

— Our PLEDGE of INTEGRITY —
 AUTHENTICITY • CLEANLINESS • FRESHNESS
 CONSISTENCY • ACCURACY

ESTABLISHED
 — 1971 —
**Country®
 Life**

**NOW WITH
 CHOLINE**

COENZYME B-COMPLEX

Certified Gluten-Free

- ▶ With L-5-Methyltetrahydrofolate
- ▶ Supports energy & healthy cognitive function**
- ▶ Supports metabolism of fats and cholesterol**

Directions: Adults take one (1) to two (2) capsules daily, preferably before or between meals. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care and lab providers.

Supplement Facts

Serving Size 2 capsules
 Servings Per Container 60

Amount Per Serving		% Daily Value
Thiamin (vitamin B1) (as thiamine hydrochloride, thiamine cocarboxylase chloride)	50 mg	4,167%
Riboflavin (vitamin B2) (as riboflavin, riboflavin 5' phosphate)	50 mg	3,846%
Niacin (as inositol hexaniacinate)	100 mg	625%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5' phosphate, pyridoxine alpha-ketoglutarate hydrochloride)	50 mg	2,941%
Folate (as L-5-Methyltetrahydrofolate calcium salt)	667 mcg DFE	167%
Vitamin B12 (as dibenzocozide, methylcobalamin)	500 mcg	20,833%
Biotin (as d-Biotin)	200 mcg	667%
Pantothenic Acid (as calcium d-pantothenate, pantethine)	50 mg	1,000%
Choline (as choline bitartrate)	55 mg	10%
PABA (para-aminobenzoic acid)	50 mg	*
Inositol (from 130 mg inositol hexaniacinate)	27 mg	*
alpha-Lipoic Acid	100 mcg	*

* Daily Value not established.

Other Ingredients: Cellulose, cellulose (capsule shell), silica, rice bran extract, vegetable glaze, sunflower oil. **CAUTION:** If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

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 CountryLifeVitamins.com
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