

21ST
CENTURY®



Liquid Calcium is a rapid release form of calcium, an important mineral for bone health.* Vitamin D₃ is added to assist with calcium absorption.*

Directions: As a calcium supplement, adults take two (2) softgels daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Salt, Yeast, Preservatives or Artificial Flavors.

ACTUAL SIZE

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

LIQUID FILLED

Calcium

1200 mg
PER SERVING

Plus D₃ | 10 mcg (400 IU)



Bone Health Support*
Vitamin D₃ Added to
Assist Calcium Absorption*

CALCIUM & VITAMIN D₃ SUPPLEMENT

90 RAPID RELEASE SOFTGELS

gluten
free

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 45

| Amount Per Serving | % Daily Value |
|--|---------------|
| Calories | 10 |
| Total Fat | 1.5 g 2%† |
| Vitamin D ₃ (as Cholecalciferol)(400 IU) | 10 mcg 50% |
| Calcium (as Calcium Carbonate) | 1,200 mg 92% |

† Daily Value based on a 2,000 calorie diet.

Other Ingredients: Soybean Oil, Gelatin, Glycerin, Purified Water, Beeswax, Lecithin, Titanium Dioxide. **Contains soy.**

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